1  
00:00:01,520 --> 00:00:02,640  
好，各位同学  
  
2  
00:00:02,840 --> 00:00:05,600  
咱们接着聊，刚才说到了玄黄汤啊  
  
3  
00:00:05,600 --> 00:00:07,720  
那么我们依旧是串串啊  
  
4  
00:00:07,720 --> 00:00:09,240  
那么还是温故而知新  
  
5  
00:00:09,610 --> 00:00:11,930  
所谓五脏风寒积聚，五脏是本体  
  
6  
00:00:12,090 --> 00:00:13,010  
风寒是诱因  
  
7  
00:00:13,250 --> 00:00:14,610  
积聚是发生了什么事  
  
8  
00:00:14,610 --> 00:00:14,930  
对吧  
  
9  
00:00:15,290 --> 00:00:17,090  
那么积聚无非是聚的啥  
  
10  
00:00:17,480 --> 00:00:20,800  
那就像我们刚才说咱们的这个肺啊，肺呢  
  
11  
00:00:20,800 --> 00:00:22,720  
那它本身就主通调水道  
  
12  
00:00:23,040 --> 00:00:24,560  
因此它在积聚的时候呢  
  
13  
00:00:24,920 --> 00:00:25,920  
那么重于风  
  
14  
00:00:26,420 --> 00:00:30,900  
那么所谓的这个这个这个这个水道不能通调  
  
15  
00:00:31,260 --> 00:00:33,980  
那么就出现了呃喘啊，口罩啊  
  
16  
00:00:34,300 --> 00:00:35,500  
肿胀啊这个问题  
  
17  
00:00:35,820 --> 00:00:37,220  
相反，寒闭于内呢  
  
18  
00:00:37,220 --> 00:00:38,300  
那么就产生了浊气  
  
19  
00:00:38,620 --> 00:00:39,900  
那么肝脏也是一样  
  
20  
00:00:40,140 --> 00:00:43,020  
如果风阳太过，这人就摇头是吧  
  
21  
00:00:43,180 --> 00:00:44,740  
我们讲这个骑行呢  
  
22  
00:00:45,020 --> 00:00:49,120  
那个长偶啊，就是那个那个经常是骑行常雨啊  
  
23  
00:00:50,350 --> 00:00:52,550  
这种状态是肝  
  
24  
00:00:52,910 --> 00:00:54,990  
因为肝木发动太过，必然克脾土嘛  
  
25  
00:00:54,990 --> 00:00:56,710  
所以就想吃吃甜东西啊  
  
26  
00:00:57,470 --> 00:00:59,070  
额，如果是这个  
  
27  
00:01:01,350 --> 00:01:02,310  
肝气被闭啊  
  
28  
00:01:02,310 --> 00:01:04,670  
那么那也会出现了那个肝阳不生  
  
29  
00:01:04,670 --> 00:01:06,690  
两臂不举，善太息  
  
30  
00:01:06,690 --> 00:01:08,610  
就是就是长出气，对吧  
  
31  
00:01:09,050 --> 00:01:10,730  
那么胸痛等症状啊  
  
32  
00:01:11,160 --> 00:01:12,800  
呃呃，那这个就不赘述了  
  
33  
00:01:13,160 --> 00:01:14,640  
那么干浊呢  
  
34  
00:01:14,800 --> 00:01:18,520  
它的原因其实也就是所谓血滞于肝  
  
35  
00:01:18,560 --> 00:01:21,720  
也就是我刚才讲的肝的疏泄功能出现问题了吧  
  
36  
00:01:21,940 --> 00:01:24,100  
因此肝无论中风中寒还是肝浊  
  
37  
00:01:24,180 --> 00:01:25,300  
你就考虑一个事  
  
38  
00:01:25,380 --> 00:01:27,860  
就是它能不能正常疏泄疏泄，疏泄什么  
  
39  
00:01:28,060 --> 00:01:30,830  
疏泄肝血，因为肝主藏血没错吧  
  
40  
00:01:31,230 --> 00:01:32,510  
哎晚每天晚上睡觉  
  
41  
00:01:32,510 --> 00:01:35,470  
人卧则血归于肝之后肝脏要把它疏泄  
  
42  
00:01:36,190 --> 00:01:38,150  
那么这个东西既然不能疏泄了  
  
43  
00:01:39,070 --> 00:01:41,190  
那么怎么能让它疏泄呢  
  
44  
00:01:41,750 --> 00:01:46,340  
呃，我们用了一张方叫旋覆花汤啊  
  
45  
00:01:46,420 --> 00:01:47,900  
用一张方叫悬浮花汤  
  
46  
00:01:48,260 --> 00:01:49,780  
悬浮二汤，三味药啊  
  
47  
00:01:50,460 --> 00:01:52,220  
哪三味第一  
  
48  
00:01:54,800 --> 00:01:59,800  
旋覆花第二  
  
49  
00:02:00,720 --> 00:02:03,640  
葱第三  
  
50  
00:02:05,600 --> 00:02:06,640  
第三，有点意思  
  
51  
00:02:06,640 --> 00:02:08,400  
叫新降  
  
52  
00:02:11,360 --> 00:02:13,200  
哎，123这么三味药  
  
53  
00:02:13,680 --> 00:02:16,800  
呃，首先悬浮花它是干什么的  
  
54  
00:02:17,400 --> 00:02:22,530  
那么这个额本本草经神农本草经本身就讲了主  
  
55  
00:02:22,950 --> 00:02:23,150  
呃  
  
56  
00:02:23,310 --> 00:02:24,630  
玄花味咸温，对吧  
  
57  
00:02:25,150 --> 00:02:26,590  
主节气啊  
  
58  
00:02:26,670 --> 00:02:29,430  
那么它就是气节啊，在胸胁啊  
  
59  
00:02:29,430 --> 00:02:30,550  
那么这个他都能管  
  
60  
00:02:31,360 --> 00:02:33,320  
呃，那么它的特点呢  
  
61  
00:02:33,320 --> 00:02:34,840  
悬花味儿是咸的  
  
62  
00:02:35,250 --> 00:02:36,650  
我们讲咸能软坚  
  
63  
00:02:37,130 --> 00:02:38,090  
由于肝浊呀  
  
64  
00:02:38,090 --> 00:02:40,090  
他血液凝于肝脏没错吧  
  
65  
00:02:40,290 --> 00:02:41,570  
他首先要给它散结  
  
66  
00:02:42,010 --> 00:02:44,250  
但是还有第二个非常非常重要的作用  
  
67  
00:02:44,850 --> 00:02:45,050  
呃  
  
68  
00:02:45,210 --> 00:02:46,450  
上次讲胸壁的时候  
  
69  
00:02:46,450 --> 00:02:47,530  
我可能给大家讲过  
  
70  
00:02:47,530 --> 00:02:49,910  
这个贾母当时患心梗  
  
71  
00:02:50,030 --> 00:02:51,550  
尤其特别急的时候，对吧  
  
72  
00:02:51,830 --> 00:02:54,450  
那么人躺不了，不能平卧啊  
  
73  
00:02:54,490 --> 00:02:56,130  
躺不下之后呢  
  
74  
00:02:56,290 --> 00:02:58,890  
家师沈先生给用了悬浮花  
  
75  
00:02:59,210 --> 00:03:00,410  
呃，就悬浮带者汤  
  
76  
00:03:01,000 --> 00:03:02,680  
当然悬浮花用到了90克  
  
77  
00:03:03,120 --> 00:03:06,680  
那么一剂药之后人就能躺下了啊，呃  
  
78  
00:03:06,810 --> 00:03:12,020  
那么这个悬花的降气在这我有了极其深刻的印象啊  
  
79  
00:03:12,060 --> 00:03:13,420  
那么真的是效果非常好  
  
80  
00:03:13,700 --> 00:03:16,020  
那玄花有一个非常重要的作用，就是下降  
  
81  
00:03:16,520 --> 00:03:20,960  
那么咱们现在说干着干着什么原因血液滞留于肝之后  
  
82  
00:03:21,400 --> 00:03:23,260  
由于肝肝脉啊  
  
83  
00:03:23,300 --> 00:03:27,580  
肝足厥阴之脉，其支者别贯膈上注肺是吧  
  
84  
00:03:27,620 --> 00:03:29,460  
复从肝别贯膈上注肺  
  
85  
00:03:29,800 --> 00:03:30,880  
由于它本身  
  
86  
00:03:30,880 --> 00:03:35,020  
它推动了肺的那个血液的周流  
  
87  
00:03:35,380 --> 00:03:36,620  
肺气才能速降吧  
  
88  
00:03:37,060 --> 00:03:39,100  
那么肝和肺在这我解释一下啊  
  
89  
00:03:39,860 --> 00:03:41,660  
在五脏之中，脾居于中  
  
90  
00:03:43,520 --> 00:03:46,520  
心和肾是一对，心和肾永远是一对啊  
  
91  
00:03:46,520 --> 00:03:49,160  
那么心肾之间水火既济，对不对啊  
  
92  
00:03:49,630 --> 00:03:49,830  
呃  
  
93  
00:03:49,870 --> 00:03:54,530  
我们称之为那个渗水要上升，心火要下降吧  
  
94  
00:03:54,770 --> 00:03:55,850  
坎离的关系啊  
  
95  
00:03:55,970 --> 00:03:58,530  
坎和离的关系，就像我们平时做饭似的  
  
96  
00:03:58,530 --> 00:03:59,730  
你火必须在下头  
  
97  
00:03:59,730 --> 00:04:01,010  
水得在上头  
  
98  
00:04:01,670 --> 00:04:04,030  
你不要忘了第二对关系就是肝和肺  
  
99  
00:04:04,830 --> 00:04:06,830  
肝和肺当然有它的形态学的基础  
  
100  
00:04:06,830 --> 00:04:08,750  
就是我讲的其支者复从肝  
  
101  
00:04:08,790 --> 00:04:10,670  
别贯膈上注肺，对不对啊  
  
102  
00:04:11,230 --> 00:04:12,830  
呃，他俩是通的啊  
  
103  
00:04:12,830 --> 00:04:13,790  
这两个脉是通的  
  
104  
00:04:14,070 --> 00:04:16,230  
但是它还有个非常重要的关系  
  
105  
00:04:16,230 --> 00:04:17,709  
就是我们的地球自转啊  
  
106  
00:04:18,279 --> 00:04:20,720  
那么造成了太阳一定是东升西落的  
  
107  
00:04:21,160 --> 00:04:23,280  
所以我们还有一个词叫金木交互  
  
108  
00:04:24,120 --> 00:04:26,920  
这是出于辅行诀脏腑用药，法药  
  
109  
00:04:27,160 --> 00:04:29,200  
但是我说这句话可能大家还是不懂  
  
110  
00:04:29,240 --> 00:04:30,400  
我这么反过来说  
  
111  
00:04:30,680 --> 00:04:33,040  
非常简单的一句话叫龙虎  
  
112  
00:04:33,520 --> 00:04:34,600  
这个大家就明白了吧  
  
113  
00:04:35,040 --> 00:04:36,680  
那么所谓龙虎回环  
  
114  
00:04:37,160 --> 00:04:39,400  
肝，主龙生肺  
  
115  
00:04:39,480 --> 00:04:40,400  
乳虎降  
  
116  
00:04:41,360 --> 00:04:42,200  
左升右降嘛  
  
117  
00:04:42,360 --> 00:04:43,240  
那就这个道理  
  
118  
00:04:43,520 --> 00:04:45,600  
因此没有肝气的上升  
  
119  
00:04:45,930 --> 00:04:47,050  
肺气则降不下来  
  
120  
00:04:47,050 --> 00:04:48,490  
因此我讲干浊之病  
  
121  
00:04:48,850 --> 00:04:51,090  
它的病机和病位在哪  
  
122  
00:04:51,730 --> 00:04:53,890  
在上还是在下，在下  
  
123  
00:04:54,470 --> 00:04:57,150  
病位症状在哪在上  
  
124  
00:04:57,190 --> 00:04:59,110  
你看其人常遇导其胸上  
  
125  
00:04:59,390 --> 00:05:01,550  
他没说其人常遇导其肝上  
  
126  
00:05:02,030 --> 00:05:02,950  
是不是这个道理啊  
  
127  
00:05:03,840 --> 00:05:05,200  
那胸为肺之部位吧  
  
128  
00:05:05,480 --> 00:05:06,480  
那废止部位为胸  
  
129  
00:05:06,760 --> 00:05:10,860  
那么为啥肝得病肺质部位出问题了  
  
130  
00:05:10,860 --> 00:05:11,660  
原因非常简单  
  
131  
00:05:11,660 --> 00:05:12,980  
因为龙虎不能回环  
  
132  
00:05:13,580 --> 00:05:15,740  
所以现在龙虎回环我们就要干俩事  
  
133  
00:05:15,860 --> 00:05:17,620  
一是要把肝的血把它打开  
  
134  
00:05:17,820 --> 00:05:19,900  
第二是不是得把肺的气把它降下来啊  
  
135  
00:05:20,270 --> 00:05:22,110  
因此悬浮花就有两个作用  
  
136  
00:05:22,110 --> 00:05:27,190  
一、贤能软件能解散肝经质瘀滞没错吧  
  
137  
00:05:27,530 --> 00:05:30,650  
那么当然它还有第二大作用啊  
  
138  
00:05:30,650 --> 00:05:32,530  
还有第二大作用就是什么呢  
  
139  
00:05:32,850 --> 00:05:34,770  
那么解散了肝经瘀滞之后  
  
140  
00:05:35,040 --> 00:05:36,800  
那么旋花能降气  
  
141  
00:05:37,080 --> 00:05:38,320  
我们讲悬浮花啊  
  
142  
00:05:38,320 --> 00:05:39,240  
古人发现  
  
143  
00:05:39,670 --> 00:05:40,950  
当然这古人是是是  
  
144  
00:05:40,950 --> 00:05:42,830  
从象上去去去思维  
  
145  
00:05:42,830 --> 00:05:46,470  
它发现悬浮花叫滴露而生，啥意思呢  
  
146  
00:05:46,840 --> 00:05:49,840  
这一朵花没事就有露水，就滴到地上  
  
147  
00:05:50,200 --> 00:05:50,400  
哎  
  
148  
00:05:50,440 --> 00:05:52,350  
发现滴着滴着滴  
  
149  
00:05:52,350 --> 00:05:53,550  
时间长了，从这儿呢  
  
150  
00:05:53,790 --> 00:05:54,790  
就钻出一只来  
  
151  
00:05:55,150 --> 00:05:57,070  
当然我们当代人知道啊  
  
152  
00:05:57,430 --> 00:06:00,720  
这个花的，它的那个生长繁殖  
  
153  
00:06:00,720 --> 00:06:02,400  
它不可能是靠露水，对吧  
  
154  
00:06:03,450 --> 00:06:05,770  
但是这个象是很巧合的  
  
155  
00:06:05,970 --> 00:06:07,330  
因此从取象的层面  
  
156  
00:06:07,810 --> 00:06:10,290  
花本身我们讲花者，华也啊  
  
157  
00:06:10,810 --> 00:06:13,910  
华是什么华盖，华盖不就是伞盖吗  
  
158  
00:06:15,270 --> 00:06:17,430  
华丽的伞盖看着漂亮  
  
159  
00:06:17,430 --> 00:06:20,000  
但是遮风挡雨，顶到脑袋上  
  
160  
00:06:20,280 --> 00:06:23,560  
那么人体五脏之中谁是散盖的功能呢  
  
161  
00:06:23,800 --> 00:06:26,050  
那么就是肺，没错吧  
  
162  
00:06:26,370 --> 00:06:30,410  
那么伞盖也就是肺脏生出了水滴下去  
  
163  
00:06:31,040 --> 00:06:32,560  
那么象征金生水吧  
  
164  
00:06:32,960 --> 00:06:34,800  
金生水往下滴，那就是下降  
  
165  
00:06:35,040 --> 00:06:36,760  
因此悬浮花就是管什么呀  
  
166  
00:06:36,960 --> 00:06:39,480  
就是主这个金生水而下降的意思  
  
167  
00:06:40,150 --> 00:06:41,630  
不但让肺金能生水  
  
168  
00:06:41,630 --> 00:06:42,870  
还让肺金怎么办啊  
  
169  
00:06:43,110 --> 00:06:45,470  
能下降把这个废气就给打通了  
  
170  
00:06:46,380 --> 00:06:46,580  
呃  
  
171  
00:06:47,020 --> 00:06:49,220  
那么这就是悬浮花的作用啊  
  
172  
00:06:49,220 --> 00:06:50,900  
在这呢，我就不再赘述  
  
173  
00:06:52,090 --> 00:06:52,290  
聪  
  
174  
00:06:52,410 --> 00:06:53,730  
哎聪，这个好玩啊  
  
175  
00:06:54,250 --> 00:06:57,690  
那么有很多人啊，就是产生了疑问  
  
176  
00:06:58,090 --> 00:06:59,010  
说这个葱呢  
  
177  
00:06:59,050 --> 00:07:02,090  
到底是葱叶还是葱白还是全葱呢  
  
178  
00:07:02,570 --> 00:07:04,210  
那么这三种无论是哪种  
  
179  
00:07:04,610 --> 00:07:06,650  
在我的门诊上，同学们应该很熟  
  
180  
00:07:06,690 --> 00:07:08,530  
我几乎天天都用，是不是  
  
181  
00:07:08,840 --> 00:07:09,080  
哎  
  
182  
00:07:09,080 --> 00:07:13,000  
每天我我的患者都都都都准保有一个到两个  
  
183  
00:07:13,000 --> 00:07:14,540  
甚至有多个，呃  
  
184  
00:07:14,580 --> 00:07:15,860  
拎着大葱走的啊  
  
185  
00:07:16,020 --> 00:07:17,100  
完了自己回家弄  
  
186  
00:07:17,620 --> 00:07:20,100  
呃呃，四境九境对吧  
  
187  
00:07:20,140 --> 00:07:21,660  
或是叶，或是或是板  
  
188  
00:07:22,060 --> 00:07:23,020  
关于这个呢  
  
189  
00:07:23,060 --> 00:07:26,620  
我今天啊，仗着这个机会也系统的给大家说一下  
  
190  
00:07:26,910 --> 00:07:28,230  
那么什么时候用葱叶  
  
191  
00:07:28,230 --> 00:07:29,230  
什么时候用葱板  
  
192  
00:07:29,750 --> 00:07:31,070  
所谓用葱叶  
  
193  
00:07:32,060 --> 00:07:32,260  
呃  
  
194  
00:07:33,420 --> 00:07:35,740  
无非是你要让天气下降  
  
195  
00:07:36,300 --> 00:07:39,160  
用葱叶儿，用葱板儿是什么时候  
  
196  
00:07:39,520 --> 00:07:43,800  
无非是你希望地气上升，用葱板儿没错吧  
  
197  
00:07:44,110 --> 00:07:45,110  
唉，就这么简单  
  
198  
00:07:45,470 --> 00:07:48,230  
那么什么时候你需要让天气下降呢  
  
199  
00:07:48,550 --> 00:07:49,550  
咱们打一比方  
  
200  
00:07:49,870 --> 00:07:51,710  
比如说伤寒论少阴病  
  
201  
00:07:51,990 --> 00:07:53,510  
所谓通脉四逆汤症  
  
202  
00:07:54,400 --> 00:07:56,760  
那么这个人下利，清谷里寒外热  
  
203  
00:07:57,600 --> 00:07:58,360  
手足厥逆  
  
204  
00:07:58,520 --> 00:08:01,360  
脉微而绝身，反不恶寒  
  
205  
00:08:01,680 --> 00:08:02,360  
面色赤  
  
206  
00:08:02,880 --> 00:08:07,800  
那么面色赤者，咱们在通脉四逆汤基础上加什么加葱酒精  
  
207  
00:08:08,070 --> 00:08:10,950  
有很多人呢，在注释的时候认为是葱白  
  
208  
00:08:11,070 --> 00:08:12,230  
这个是完全错了  
  
209  
00:08:12,390 --> 00:08:13,350  
这一定是葱叶儿  
  
210  
00:08:13,350 --> 00:08:13,870  
为什么  
  
211  
00:08:14,260 --> 00:08:16,340  
那么这个人的特点啊  
  
212  
00:08:16,580 --> 00:08:21,020  
那么呃，教科书沿用明清两代的人的说法  
  
213  
00:08:21,060 --> 00:08:22,420  
认为说是格阳于外  
  
214  
00:08:22,700 --> 00:08:23,820  
其实这个说法不准确  
  
215  
00:08:24,260 --> 00:08:25,380  
其实通脉四逆汤  
  
216  
00:08:26,340 --> 00:08:28,620  
呃，当然我这个你就得自成体系了啊  
  
217  
00:08:28,940 --> 00:08:30,620  
通脉四逆汤应该是格阳于上  
  
218  
00:08:31,060 --> 00:08:31,620  
为什么这么说  
  
219  
00:08:31,620 --> 00:08:32,940  
因为他是面如装红  
  
220  
00:08:33,240 --> 00:08:37,500  
相反伤寒论里的白通汤证还真没有面容装红，白通汤叫啥啊  
  
221  
00:08:37,500 --> 00:08:38,700  
叫夏利对吧  
  
222  
00:08:38,700 --> 00:08:40,260  
伤病夏利，白通汤主治  
  
223  
00:08:40,780 --> 00:08:44,810  
那么那个白通汤拉肚子那个用的才是铜板  
  
224  
00:08:45,490 --> 00:08:48,300  
为什么葱白你会发现一个特点  
  
225  
00:08:48,300 --> 00:08:51,540  
你拽大葱的时候大葱根有什么特点  
  
226  
00:08:51,780 --> 00:08:52,380  
发现了吗  
  
227  
00:08:52,820 --> 00:08:54,500  
你准能拽上来土  
  
228  
00:08:55,980 --> 00:08:59,780  
所以他能把地契拔上来专治夏利之症没错吧  
  
229  
00:09:00,060 --> 00:09:01,220  
这是从白干的事  
  
230  
00:09:01,380 --> 00:09:02,740  
但是葱叶是干什么的  
  
231  
00:09:03,260 --> 00:09:05,290  
那么所谓葱叶儿啊  
  
232  
00:09:05,690 --> 00:09:08,890  
就你把它剪开之后就如同人之鼻孔  
  
233  
00:09:09,250 --> 00:09:10,930  
是不是那人的鼻孔  
  
234  
00:09:10,930 --> 00:09:14,210  
哪有长下面的都长上边为啥长上边呢  
  
235  
00:09:14,880 --> 00:09:15,920  
因为头为圆  
  
236  
00:09:16,120 --> 00:09:16,720  
角为方  
  
237  
00:09:16,840 --> 00:09:17,400  
天为圆  
  
238  
00:09:17,480 --> 00:09:18,080  
地为方  
  
239  
00:09:18,400 --> 00:09:21,280  
鼻孔在上面就是要迎，天气已归于下  
  
240  
00:09:22,060 --> 00:09:23,780  
把天气接下来是吧  
  
241  
00:09:24,060 --> 00:09:26,540  
接天之根，那么天气为天干嘛  
  
242  
00:09:27,020 --> 00:09:28,260  
那么你把它引下来  
  
243  
00:09:28,700 --> 00:09:30,300  
那么所谓归根复命  
  
244  
00:09:30,750 --> 00:09:31,950  
咱们讲这个道理啊  
  
245  
00:09:32,230 --> 00:09:34,350  
那么人人之一生啊  
  
246  
00:09:34,710 --> 00:09:37,970  
那么把天气吸下来，归为我有  
  
247  
00:09:38,570 --> 00:09:40,410  
最后再吐出去，还给大自然  
  
248  
00:09:40,690 --> 00:09:43,290  
那么往复往复就是人的一生  
  
249  
00:09:43,490 --> 00:09:45,980  
人的一生在呼吸之间啊  
  
250  
00:09:46,380 --> 00:09:47,380  
那么从这个角度  
  
251  
00:09:47,700 --> 00:09:51,400  
因此说葱叶儿是要把气通下来的  
  
252  
00:09:51,760 --> 00:09:53,240  
所以你就琢磨吧  
  
253  
00:09:53,640 --> 00:09:55,160  
这个白通汤里头  
  
254  
00:09:56,220 --> 00:09:57,500  
这个这个  
  
255  
00:09:58,460 --> 00:10:00,180  
到底用葱叶还是葱白  
  
256  
00:10:00,740 --> 00:10:02,340  
我个人是这么猜的  
  
257  
00:10:02,540 --> 00:10:03,820  
仲景先师没写  
  
258  
00:10:04,930 --> 00:10:08,730  
他就写了一个事聪，对不对啊  
  
259  
00:10:09,290 --> 00:10:10,290  
他就写了一个事聪  
  
260  
00:10:10,650 --> 00:10:12,770  
因此说等于他给你留了个口  
  
261  
00:10:13,820 --> 00:10:16,660  
就是葱叶，葱白或者全葱都行  
  
262  
00:10:17,250 --> 00:10:20,330  
那么什么时候用葱叶当天气不能下降  
  
263  
00:10:20,810 --> 00:10:22,570  
比如说这个人呼吸出现困难了  
  
264  
00:10:23,210 --> 00:10:25,580  
气吸不满，可以用葱叶吧  
  
265  
00:10:26,340 --> 00:10:27,620  
那什么时候用葱白呢  
  
266  
00:10:28,180 --> 00:10:31,060  
葱白跟我们胸壁说的屑白是不是长得有点像啊  
  
267  
00:10:31,760 --> 00:10:35,200  
也是这种像蟹白一样的这个白色的鳞茎吧  
  
268  
00:10:35,720 --> 00:10:36,960  
那么泻白干什么用  
  
269  
00:10:37,160 --> 00:10:38,880  
不就是温升在夏之气吗  
  
270  
00:10:39,120 --> 00:10:42,900  
如果干浊下焦的病症为主的时候  
  
271  
00:10:43,300 --> 00:10:45,820  
我们就用葱板儿肝浊  
  
272  
00:10:45,820 --> 00:10:47,660  
比如说肝血瘀滞比较厉害  
  
273  
00:10:48,220 --> 00:10:49,220  
比如我要治肝炎  
  
274  
00:10:49,580 --> 00:10:50,620  
咱明白这道理了吧  
  
275  
00:10:50,980 --> 00:10:52,140  
那么这个时候就用葱板  
  
276  
00:10:52,220 --> 00:10:53,620  
那什么时候用全葱呢  
  
277  
00:10:53,660 --> 00:10:56,260  
那就都有，是不是啊  
  
278  
00:10:56,340 --> 00:10:59,380  
那咱们就可以把它非常灵活的，呃  
  
279  
00:10:59,540 --> 00:11:00,500  
这么去思考啊  
  
280  
00:11:00,500 --> 00:11:01,260  
不用拘泥  
  
281  
00:11:03,300 --> 00:11:03,500  
嗯  
  
282  
00:11:04,580 --> 00:11:06,220  
那关于葱呢，就说这些啊  
  
283  
00:11:06,220 --> 00:11:09,970  
我就不说太多，后头的重头戏啊哈  
  
284  
00:11:10,370 --> 00:11:11,530  
重头戏是新酱  
  
285  
00:11:11,650 --> 00:11:12,530  
新酱是什么  
  
286  
00:11:12,850 --> 00:11:16,420  
关于这个大家就打起来了啊，呃  
  
287  
00:11:16,740 --> 00:11:17,900  
历史上说法不一  
  
288  
00:11:18,100 --> 00:11:22,070  
那么现代学者总结归纳发现  
  
289  
00:11:22,830 --> 00:11:24,790  
新降无非是三种  
  
290  
00:11:25,950 --> 00:11:29,800  
呃，一般情况下我说的是一般特殊情况我就不说了啊  
  
291  
00:11:30,120 --> 00:11:32,480  
那么言必称三，我讲三种够意思了  
  
292  
00:11:33,000 --> 00:11:37,590  
那么当代医家的研究认为那么一般认为有三派  
  
293  
00:11:38,150 --> 00:11:40,030  
一派最也是最多的啊  
  
294  
00:11:40,350 --> 00:11:43,190  
认为新将是茜草没错吧  
  
295  
00:11:44,390 --> 00:11:46,190  
我这给大家慢慢捋啊  
  
296  
00:11:51,620 --> 00:11:52,260  
茜草  
  
297  
00:11:56,780 --> 00:11:59,500  
还有一派认为新疆是啥呢  
  
298  
00:12:01,220 --> 00:12:05,520  
红花，还有一派认为是什么呢  
  
299  
00:12:07,400 --> 00:12:08,240  
降真香  
  
300  
00:12:12,040 --> 00:12:13,960  
你们认为他到底是哪个  
  
301  
00:12:18,900 --> 00:12:21,300  
懵了哈哈哈哈哈哈  
  
302  
00:12:22,210 --> 00:12:22,930  
我告诉你啊  
  
303  
00:12:23,490 --> 00:12:24,610  
我先告诉你结论  
  
304  
00:12:25,490 --> 00:12:26,730  
当然我要一说结论  
  
305  
00:12:26,730 --> 00:12:29,170  
有的人可能一听就觉得不靠谱了  
  
306  
00:12:30,490 --> 00:12:30,690  
呃  
  
307  
00:12:32,050 --> 00:12:34,880  
都是有，都不是  
  
308  
00:12:36,480 --> 00:12:37,400  
为什么这么说  
  
309  
00:12:39,060 --> 00:12:41,220  
我先说为啥都不是  
  
310  
00:12:42,780 --> 00:12:45,460  
呃，当然你有你的依据啊  
  
311  
00:12:46,740 --> 00:12:49,100  
我就说一个东西，新绛的原意啊  
  
312  
00:12:49,100 --> 00:12:50,300  
这个很好解释  
  
313  
00:12:55,260 --> 00:12:56,340  
肥薄是吧  
  
314  
00:12:59,280 --> 00:13:00,120  
匪是什么啊  
  
315  
00:13:00,200 --> 00:13:03,600  
匪就是赤色大赤曰匪对吧  
  
316  
00:13:04,570 --> 00:13:05,410  
跛是什么呀  
  
317  
00:13:06,010 --> 00:13:09,330  
就是古代的这个绢丝绢蚕丝  
  
318  
00:13:10,520 --> 00:13:14,400  
那么其实新绛就是红绸子的意思  
  
319  
00:13:14,920 --> 00:13:19,020  
当然这个绸子指的是蚕丝织的天然的绸子  
  
320  
00:13:19,380 --> 00:13:24,620  
那么在古代呃茜草红花和酱香都能染绸子  
  
321  
00:13:26,380 --> 00:13:27,980  
我为啥说他们都不是  
  
322  
00:13:29,300 --> 00:13:31,780  
那么如果用他们仨  
  
323  
00:13:33,010 --> 00:13:37,500  
仲景先师不会在底下告诉你茜草少许  
  
324  
00:13:37,900 --> 00:13:40,660  
红花少许或者降真香末少许吗  
  
325  
00:13:41,480 --> 00:13:45,600  
他为啥要隔山打牛费这么大劲告诉你新酱少许呢  
  
326  
00:13:46,230 --> 00:13:48,950  
有没有同学思考一下这个问题，你发现了吧  
  
327  
00:13:49,510 --> 00:13:51,710  
所以他们仨只是新酱的染料  
  
328  
00:13:53,390 --> 00:13:54,470  
新酱是红绸子  
  
329  
00:13:54,470 --> 00:13:56,190  
但是你别真用红绸子啊  
  
330  
00:13:56,190 --> 00:13:57,830  
因为今天的红绸子可能有的  
  
331  
00:13:58,070 --> 00:14:00,230  
它里头有化学的那个东西啊  
  
332  
00:14:00,410 --> 00:14:02,130  
呃，我只是把道理给你讲清楚  
  
333  
00:14:02,130 --> 00:14:03,690  
你知道仲景先是想干啥  
  
334  
00:14:04,050 --> 00:14:05,050  
这是最重要的啊  
  
335  
00:14:05,650 --> 00:14:06,290  
我告诉你  
  
336  
00:14:06,800 --> 00:14:09,720  
茜草也不是红花，也不是降真香  
  
337  
00:14:09,720 --> 00:14:12,130  
也不是天然绸子  
  
338  
00:14:12,130 --> 00:14:16,620  
也不是用它们把它染红了才是新疆，明白了吧  
  
339  
00:14:16,820 --> 00:14:19,500  
而且为啥要这样一会我给你解释清楚啊  
  
340  
00:14:19,740 --> 00:14:21,940  
我们先看第一种茜草  
  
341  
00:14:22,940 --> 00:14:23,900  
呃，茜草呢  
  
342  
00:14:23,980 --> 00:14:25,340  
说茜草的原因很简单  
  
343  
00:14:25,460 --> 00:14:28,620  
说文里头讲说将大赤也啊  
  
344  
00:14:28,620 --> 00:14:32,590  
就是红色左都赋注其中，说了一个问题  
  
345  
00:14:34,060 --> 00:14:35,900  
降就是什么意思呢  
  
346  
00:14:36,470 --> 00:14:37,990  
那个那个那个降草  
  
347  
00:14:38,030 --> 00:14:40,030  
也就是这种草就叫降草  
  
348  
00:14:40,430 --> 00:14:41,870  
那么降草是什么草呢  
  
349  
00:14:42,370 --> 00:14:43,730  
最后我发了好多资料  
  
350  
00:14:44,170 --> 00:14:45,530  
陶弘景先生啊  
  
351  
00:14:45,570 --> 00:14:47,490  
陶隐居华阳，隐居陶弘景  
  
352  
00:14:47,950 --> 00:14:48,150  
呃  
  
353  
00:14:48,190 --> 00:14:49,830  
当当年的大名士对吧  
  
354  
00:14:49,830 --> 00:14:52,790  
山中宰相，他住了一个说法啊  
  
355  
00:14:52,790 --> 00:14:53,430  
比较确切  
  
356  
00:14:53,830 --> 00:14:55,510  
将欠曹也  
  
357  
00:14:57,120 --> 00:15:00,880  
所以很多纠结那个那个那个酱，新酱啊  
  
358  
00:15:01,280 --> 00:15:02,480  
是否是欠草的人  
  
359  
00:15:02,840 --> 00:15:04,160  
那我就首先跟你说了  
  
360  
00:15:04,530 --> 00:15:07,330  
官方那么最权威的说法就是欠草  
  
361  
00:15:07,370 --> 00:15:08,450  
这个不是我说的  
  
362  
00:15:08,450 --> 00:15:09,690  
是陶弘景说的  
  
363  
00:15:10,290 --> 00:15:12,130  
有道理根据当时来说啊  
  
364  
00:15:13,060 --> 00:15:13,260  
呃  
  
365  
00:15:14,980 --> 00:15:20,970  
那么第二个原因的理由也很简单  
  
366  
00:15:21,370 --> 00:15:21,570  
呃  
  
367  
00:15:21,650 --> 00:15:23,610  
因为在这个内经之中啊  
  
368  
00:15:23,610 --> 00:15:25,530  
我们说内经有13方对不对啊  
  
369  
00:15:25,890 --> 00:15:28,010  
内经14方方中有这么一个问题  
  
370  
00:15:28,010 --> 00:15:29,570  
就是所谓病名血窟  
  
371  
00:15:29,980 --> 00:15:31,740  
那么跟那个肝血也有关系啊  
  
372  
00:15:32,140 --> 00:15:36,900  
那么用了一张方叫似乌贼骨宜芦如丸  
  
373  
00:15:37,540 --> 00:15:39,100  
这个卢儒就是千草  
  
374  
00:15:39,740 --> 00:15:42,580  
他治的也是肝血的那个雪碧的问题对吧  
  
375  
00:15:42,580 --> 00:15:43,930  
他叫血枯啊  
  
376  
00:15:43,930 --> 00:15:46,130  
说的这个事儿，所以茜草呢  
  
377  
00:15:46,130 --> 00:15:48,650  
那么一般人认为玄门正宗啊  
  
378  
00:15:48,690 --> 00:15:49,370  
这没错  
  
379  
00:15:49,870 --> 00:15:51,710  
红花就自不必说啊  
  
380  
00:15:51,750 --> 00:15:54,110  
那么本身是红色就能染色又能活血  
  
381  
00:15:54,510 --> 00:15:55,990  
那么无论这哪种啊  
  
382  
00:15:55,990 --> 00:15:57,390  
我要还还要说一个问题啊  
  
383  
00:15:57,790 --> 00:16:01,470  
那么刚才的悬浮花和葱是帮助气机下降没错吧  
  
384  
00:16:02,110 --> 00:16:05,470  
哎，葱是在中间协调新这个新酱啊  
  
385  
00:16:06,080 --> 00:16:08,280  
是要把这个气要怎么样啊  
  
386  
00:16:08,880 --> 00:16:12,620  
那个那个给肝气开散升清之象  
  
387  
00:16:12,900 --> 00:16:17,310  
因此所以你看所有版本的那个悬浮花汤的组成  
  
388  
00:16:17,670 --> 00:16:21,430  
它的三味药的排列顺序都是悬浮花葱和新酱  
  
389  
00:16:21,630 --> 00:16:24,150  
看没看见，都这三个排序啊  
  
390  
00:16:24,550 --> 00:16:27,190  
先说上交，再说中间协调  
  
391  
00:16:27,270 --> 00:16:27,590  
对吧  
  
392  
00:16:27,910 --> 00:16:28,750  
最后说下焦  
  
393  
00:16:29,190 --> 00:16:32,230  
那这个顺序就说的很清楚了啊，呃  
  
394  
00:16:33,510 --> 00:16:34,030  
降真香  
  
395  
00:16:34,030 --> 00:16:36,470  
我想单独说说这是个好东西，呃  
  
396  
00:16:36,510 --> 00:16:38,670  
当年本草便读里头说过一句话啊  
  
397  
00:16:38,670 --> 00:16:40,190  
对他的描述非常的确切  
  
398  
00:16:40,790 --> 00:16:45,610  
入肝破血堪除痛治之啊  
  
399  
00:16:45,650 --> 00:16:46,610  
瘀滞之肌瘤  
  
400  
00:16:47,890 --> 00:16:49,210  
避恶搜血啊  
  
401  
00:16:49,210 --> 00:16:52,170  
这是我之前做了一个记录啊，就这么一句话  
  
402  
00:16:53,510 --> 00:16:53,710  
呃  
  
403  
00:16:54,310 --> 00:16:56,310  
我认为他说的这个是最精到的啊  
  
404  
00:16:56,310 --> 00:16:57,990  
把他的说法，呃  
  
405  
00:16:58,070 --> 00:16:58,950  
在降真香呢  
  
406  
00:16:58,950 --> 00:17:00,390  
我接触的比较早啊  
  
407  
00:17:00,390 --> 00:17:02,190  
好些年前就接触，呃  
  
408  
00:17:02,270 --> 00:17:03,630  
但是大家要知道一个事  
  
409  
00:17:03,630 --> 00:17:08,390  
这个东西一定不是我们药房卖的降真香啊  
  
410  
00:17:08,390 --> 00:17:08,750  
知道吧  
  
411  
00:17:08,750 --> 00:17:10,410  
那个叫酱香，呃  
  
412  
00:17:10,450 --> 00:17:10,930  
那个呢  
  
413  
00:17:10,970 --> 00:17:12,290  
我不夸张的说  
  
414  
00:17:12,290 --> 00:17:13,930  
20年前由于个人原因  
  
415  
00:17:13,930 --> 00:17:17,710  
我就经常使用和那个那个用这个降真香  
  
416  
00:17:17,710 --> 00:17:20,859  
我我我用它得用了得有20年了啊，呃  
  
417  
00:17:21,060 --> 00:17:25,780  
甚至我家里现在还有那个海南降真香的，那个那个原木啊  
  
418  
00:17:25,819 --> 00:17:27,819  
就就就就很金贵的东西啊  
  
419  
00:17:27,819 --> 00:17:28,660  
我就留着呢  
  
420  
00:17:30,600 --> 00:17:31,800  
咱们平时用那个吧  
  
421  
00:17:31,800 --> 00:17:34,080  
不是不是真的，真的那个酱汁香呢  
  
422  
00:17:34,080 --> 00:17:36,000  
其实原产于我国南方  
  
423  
00:17:36,640 --> 00:17:37,160  
现在呢  
  
424  
00:17:37,160 --> 00:17:38,240  
当然南方没有了  
  
425  
00:17:38,240 --> 00:17:39,640  
一般都得在东南亚  
  
426  
00:17:40,080 --> 00:17:43,240  
呃，到明朝的时候降真香基本彻底绝迹  
  
427  
00:17:44,050 --> 00:17:44,250  
呃  
  
428  
00:17:44,570 --> 00:17:45,770  
只有海南还有  
  
429  
00:17:46,210 --> 00:17:47,530  
那么由于数量稀少  
  
430  
00:17:47,650 --> 00:17:48,210  
最后呢  
  
431  
00:17:48,770 --> 00:17:52,830  
海南只能用这个一个东西替代它  
  
432  
00:17:52,870 --> 00:17:55,870  
做它的替代品，就是海南黄花梨  
  
433  
00:17:57,200 --> 00:17:58,320  
以带降真香  
  
434  
00:17:58,360 --> 00:17:59,760  
明白降真香的珍贵了吧  
  
435  
00:18:00,080 --> 00:18:01,880  
今天海南黄花梨都找不到了  
  
436  
00:18:02,080 --> 00:18:05,560  
你就别说过去是用它代代降真香啊  
  
437  
00:18:05,790 --> 00:18:08,470  
就说哎呀，没有匠人香凑合用海皇吧  
  
438  
00:18:08,790 --> 00:18:10,550  
就是拿海皇对付上吧  
  
439  
00:18:10,550 --> 00:18:11,670  
先凑合用吧  
  
440  
00:18:11,870 --> 00:18:13,030  
就这么一个概念啊  
  
441  
00:18:13,070 --> 00:18:14,110  
所以非常金贵  
  
442  
00:18:15,000 --> 00:18:17,120  
呃，那么我在家里呢  
  
443  
00:18:17,120 --> 00:18:19,120  
由于有的时候我那个自己看书啊  
  
444  
00:18:19,320 --> 00:18:20,920  
那个要分点香  
  
445  
00:18:21,320 --> 00:18:24,120  
那么焚香的时候我用的就都是真降相  
  
446  
00:18:24,360 --> 00:18:26,120  
这个我说的是真事儿啊  
  
447  
00:18:26,480 --> 00:18:27,640  
用的是真降真香  
  
448  
00:18:28,120 --> 00:18:29,610  
呃，而且是这样  
  
449  
00:18:29,610 --> 00:18:31,810  
关于真酱香呢，有学术争议  
  
450  
00:18:32,170 --> 00:18:34,850  
有一派认为是大叶降真香  
  
451  
00:18:34,970 --> 00:18:36,810  
一派认为是小叶降真香  
  
452  
00:18:37,310 --> 00:18:39,150  
咱们知道那个紫檀里头小叶檀  
  
453  
00:18:39,270 --> 00:18:41,830  
有的时候它说比大叶檀要好是不是  
  
454  
00:18:41,990 --> 00:18:43,270  
但酱香是相反的  
  
455  
00:18:43,590 --> 00:18:44,230  
降真香  
  
456  
00:18:44,470 --> 00:18:46,590  
大叶酱香是更好啊  
  
457  
00:18:46,590 --> 00:18:50,430  
这个我平时那个焚的就是大叶降真香啊  
  
458  
00:18:50,430 --> 00:18:51,190  
所以这个呢  
  
459  
00:18:51,560 --> 00:18:53,400  
呃，但是原木比较难啊  
  
460  
00:18:53,400 --> 00:18:57,720  
我是因为那个那个有有有有朋友啊，帮我合香啊  
  
461  
00:18:57,720 --> 00:19:00,350  
就是我常年用的都是这个，呃  
  
462  
00:19:00,950 --> 00:19:01,870  
不太好找啊  
  
463  
00:19:01,870 --> 00:19:04,150  
有的时候就断溜了，就用不上了  
  
464  
00:19:05,450 --> 00:19:07,370  
那么紫色的非常漂亮啊  
  
465  
00:19:07,370 --> 00:19:09,970  
它那个斑纹额，非常漂亮  
  
466  
00:19:10,130 --> 00:19:11,250  
专门能散淤血  
  
467  
00:19:11,890 --> 00:19:12,890  
那么我在这儿呢  
  
468  
00:19:12,890 --> 00:19:13,650  
说来说去啊  
  
469  
00:19:13,650 --> 00:19:16,160  
这三种行哪个都行  
  
470  
00:19:16,160 --> 00:19:17,160  
我讲的是啥意思  
  
471  
00:19:17,480 --> 00:19:19,440  
这三种虽然你看茜草也好  
  
472  
00:19:19,440 --> 00:19:20,720  
红花也好，酱香也罢  
  
473  
00:19:21,290 --> 00:19:22,850  
物种不同，对吧  
  
474  
00:19:23,410 --> 00:19:23,610  
呃  
  
475  
00:19:23,770 --> 00:19:25,610  
形态不同，但是颜色呢  
  
476  
00:19:25,610 --> 00:19:26,450  
都比较接近  
  
477  
00:19:27,400 --> 00:19:27,920  
没错吧  
  
478  
00:19:27,960 --> 00:19:28,560  
都偏红  
  
479  
00:19:28,760 --> 00:19:30,400  
而且都是染料，这三种  
  
480  
00:19:30,680 --> 00:19:32,440  
你看酱真香虽然那么珍贵  
  
481  
00:19:32,440 --> 00:19:36,320  
在古代也有很多人拿它当染料，太奢侈了吧  
  
482  
00:19:36,400 --> 00:19:37,160  
咱们都讲  
  
483  
00:19:37,400 --> 00:19:38,600  
但是那个时候多呀  
  
484  
00:19:38,600 --> 00:19:39,360  
咱们就说呀  
  
485  
00:19:39,760 --> 00:19:39,960  
哎  
  
486  
00:19:39,960 --> 00:19:42,440  
你就别说这个那个战国的时候  
  
487  
00:19:42,720 --> 00:19:45,800  
亚洲犀牛的犀牛皮还装备秦军呢  
  
488  
00:19:45,800 --> 00:19:46,080  
对吧  
  
489  
00:19:46,120 --> 00:19:49,830  
秦军40万不足用亚洲犀牛皮做甲胄  
  
490  
00:19:50,150 --> 00:19:51,590  
以装备下级步兵  
  
491  
00:19:51,710 --> 00:19:52,190  
哈哈  
  
492  
00:19:52,550 --> 00:19:54,830  
因为铁甲穿不起穿犀牛皮  
  
493  
00:19:54,870 --> 00:19:57,190  
你就是横不横这玩意儿，哈哈  
  
494  
00:19:57,240 --> 00:20:01,000  
就是古代的时候，古人对资源这个东西它是没有概念的  
  
495  
00:20:01,000 --> 00:20:03,440  
有的时候它是破坏性的应用啊  
  
496  
00:20:03,920 --> 00:20:04,760  
它是那样的  
  
497  
00:20:05,540 --> 00:20:09,350  
那么因此说这个东西都能做染料  
  
498  
00:20:09,910 --> 00:20:11,670  
而且他们有一个特征啊  
  
499  
00:20:11,670 --> 00:20:13,950  
那酱真香出于我国之南方  
  
500  
00:20:14,430 --> 00:20:17,510  
那么证明赤色南方你想到了什么  
  
501  
00:20:18,840 --> 00:20:19,520  
想到了火  
  
502  
00:20:19,920 --> 00:20:20,600  
没错了吧  
  
503  
00:20:21,000 --> 00:20:23,480  
那么肝木能生啥  
  
504  
00:20:24,200 --> 00:20:27,680  
能生心火我们讲实则泄什么泄  
  
505  
00:20:27,680 --> 00:20:29,760  
此子现在是干卓是谁食了  
  
506  
00:20:30,740 --> 00:20:32,540  
干死了所以要生火  
  
507  
00:20:32,780 --> 00:20:33,740  
明白这个道理了吧  
  
508  
00:20:34,100 --> 00:20:35,540  
因此他们仨谁都行  
  
509  
00:20:35,860 --> 00:20:37,300  
只是劲儿大小不一样  
  
510  
00:20:37,780 --> 00:20:40,260  
如果他淤的不是很厉害，你就用茜草  
  
511  
00:20:41,370 --> 00:20:41,930  
明白了吧  
  
512  
00:20:42,370 --> 00:20:46,050  
如果血瘀比较明显，那么你就用红花  
  
513  
00:20:46,570 --> 00:20:49,170  
如果气血之瘀拒忌久  
  
514  
00:20:50,210 --> 00:20:53,090  
这个邪气已经很深厚了  
  
515  
00:20:53,530 --> 00:20:56,210  
通波去了，甚至形成肝纤维化了  
  
516  
00:20:56,450 --> 00:20:57,730  
降真香，明白了吧  
  
517  
00:20:58,210 --> 00:21:00,310  
所以他们仨谁都行啊  
  
518  
00:21:00,910 --> 00:21:02,390  
但是他们仨又都不对  
  
519  
00:21:03,030 --> 00:21:04,990  
但是你现在不对，你也得用这个啊  
  
520  
00:21:05,030 --> 00:21:08,870  
再说这道理，我在临床上我也得给给他开茜草开红花啊  
  
521  
00:21:09,280 --> 00:21:11,560  
呃，降真香没有有降假香啊  
  
522  
00:21:11,640 --> 00:21:14,480  
有降香就普通，咱们那个酱香也有作用啊  
  
523  
00:21:14,480 --> 00:21:17,520  
也也有也有效在临床上，呃咳  
  
524  
00:21:18,440 --> 00:21:22,680  
那么你用的得是那个肥跛跛就是那个金箔的箔啊  
  
525  
00:21:22,760 --> 00:21:24,680  
这这个所谓的那个金玉  
  
526  
00:21:25,520 --> 00:21:28,990  
呃，这个这个这个这个不补是吧  
  
527  
00:21:29,270 --> 00:21:32,190  
哎，这个补呃  
  
528  
00:21:33,780 --> 00:21:36,820  
那么他们仨在南方就能生火呗是不是  
  
529  
00:21:37,060 --> 00:21:39,580  
而且你仔细看那个葱葱是多少根  
  
530  
00:21:41,390 --> 00:21:45,800  
14根吧，是不是14根葱代表啥  
  
531  
00:21:46,640 --> 00:21:49,930  
271 14，所谓地二生火  
  
532  
00:21:50,090 --> 00:21:51,650  
天七成之  
  
533  
00:21:51,690 --> 00:21:52,690  
无非是这个概念  
  
534  
00:21:52,890 --> 00:21:54,610  
那么它是不是也是要生火呀  
  
535  
00:21:55,390 --> 00:21:56,270  
那么就在这了  
  
536  
00:21:56,430 --> 00:21:57,670  
因此说这个酱香呢  
  
537  
00:21:57,670 --> 00:21:58,390  
你再看啊  
  
538  
00:21:58,430 --> 00:21:59,710  
这个三个，呃  
  
539  
00:21:59,710 --> 00:22:01,750  
无论是茜草也好，红花也罢  
  
540  
00:22:01,830 --> 00:22:02,710  
酱香也罢  
  
541  
00:22:03,020 --> 00:22:05,900  
这三个把这个布啊染了之后  
  
542  
00:22:06,100 --> 00:22:07,260  
这里头就有说到了  
  
543  
00:22:07,420 --> 00:22:08,980  
它染的不是一般的布  
  
544  
00:22:09,800 --> 00:22:10,520  
它不叫布  
  
545  
00:22:10,520 --> 00:22:11,920  
它叫丝绸  
  
546  
00:22:12,880 --> 00:22:13,480  
桑蚕丝  
  
547  
00:22:13,840 --> 00:22:17,660  
蚕丝是蚕所吐，对吧  
  
548  
00:22:18,260 --> 00:22:20,340  
那么蚕以桑叶为食  
  
549  
00:22:21,400 --> 00:22:21,920  
没错吧  
  
550  
00:22:22,440 --> 00:22:24,760  
那么桑叶呢之气合于东方  
  
551  
00:22:25,440 --> 00:22:26,040  
我们说呢  
  
552  
00:22:26,360 --> 00:22:29,540  
他在那个那个那个七宿之中  
  
553  
00:22:29,940 --> 00:22:31,580  
它应于奇秀  
  
554  
00:22:33,500 --> 00:22:36,380  
竹字头底下一个  
  
555  
00:22:38,020 --> 00:22:40,140  
就是妻子建国的那个妻是吧  
  
556  
00:22:40,580 --> 00:22:42,140  
哎，其子微子啊  
  
557  
00:22:42,220 --> 00:22:43,260  
商代的那个名臣  
  
558  
00:22:43,300 --> 00:22:47,200  
妻子应于奇秀，呃角亢堤防新尾鳍  
  
559  
00:22:47,320 --> 00:22:49,000  
那么那么为东方之奇秀  
  
560  
00:22:49,360 --> 00:22:52,350  
那么他应奇秀桑主东方之气  
  
561  
00:22:52,670 --> 00:22:54,470  
那么蚕本身就是虫子吧  
  
562  
00:22:55,070 --> 00:22:56,630  
虫子是不是也风生虫啊  
  
563  
00:22:57,350 --> 00:23:01,990  
食桑以吐丝丝是不是也是那个那个现状的呀  
  
564  
00:23:02,310 --> 00:23:03,270  
那么就合了木  
  
565  
00:23:03,630 --> 00:23:05,030  
但是呢，它吐司啊  
  
566  
00:23:05,750 --> 00:23:08,480  
那个吐不吐，一时半会儿吐不完  
  
567  
00:23:08,920 --> 00:23:09,520  
因此呢  
  
568  
00:23:09,840 --> 00:23:12,820  
就号化生，就是什么感觉呢  
  
569  
00:23:13,020 --> 00:23:15,700  
就是说这个不绝之意  
  
570  
00:23:16,100 --> 00:23:19,520  
生生之意，就像肝木去生心火  
  
571  
00:23:20,360 --> 00:23:21,800  
生生不绝啊  
  
572  
00:23:21,880 --> 00:23:23,000  
取其生生之意  
  
573  
00:23:23,360 --> 00:23:23,560  
呃  
  
574  
00:23:23,600 --> 00:23:28,480  
然后你把他织的那个跛呢用红色染上了  
  
575  
00:23:28,920 --> 00:23:30,640  
那么既有了肝木的作用  
  
576  
00:23:30,720 --> 00:23:32,240  
也有了心火的作用吧  
  
577  
00:23:32,760 --> 00:23:36,400  
象征木火铜器以木生火而不绝  
  
578  
00:23:37,040 --> 00:23:38,400  
呃，因此关于这个呢  
  
579  
00:23:38,600 --> 00:23:43,810  
其实后世一位一家形容的是比较到位啊  
  
580  
00:23:44,530 --> 00:23:44,730  
呃  
  
581  
00:23:44,970 --> 00:23:45,410  
谁呢  
  
582  
00:23:45,730 --> 00:23:48,010  
就是呃，李汶啊  
  
583  
00:23:48,450 --> 00:23:50,850  
这个金匮要略广著清代的啊  
  
584  
00:23:51,090 --> 00:23:52,090  
他说这么一句话  
  
585  
00:23:53,120 --> 00:23:54,800  
私有绵绵不绝之行  
  
586  
00:23:55,120 --> 00:23:57,750  
将有入心化赤之意啊  
  
587  
00:23:57,750 --> 00:23:59,430  
这句话，我希望大家记下来啊  
  
588  
00:23:59,950 --> 00:24:01,550  
似有绵绵不绝之情  
  
589  
00:24:02,030 --> 00:24:05,310  
将有入心话赤之意  
  
590  
00:24:05,720 --> 00:24:06,760  
非常地道啊  
  
591  
00:24:07,150 --> 00:24:10,350  
所以我就刚才说了，你说茜草是对的  
  
592  
00:24:10,430 --> 00:24:11,310  
红花是对的  
  
593  
00:24:11,630 --> 00:24:12,750  
酱香是对的  
  
594  
00:24:12,870 --> 00:24:14,270  
我说都对，又都不对  
  
595  
00:24:14,270 --> 00:24:14,790  
没错吧  
  
596  
00:24:15,150 --> 00:24:17,290  
那么你要明白他要干什么  
  
597  
00:24:17,770 --> 00:24:22,160  
他要入干化薪火绵绵不绝  
  
598  
00:24:22,640 --> 00:24:24,920  
而且行肝之瘀滞对吧  
  
599  
00:24:25,280 --> 00:24:27,400  
哎，行干支瘀滞是什么瘀滞呢  
  
600  
00:24:27,640 --> 00:24:29,360  
因为肝主藏血血瘀  
  
601  
00:24:29,850 --> 00:24:33,410  
因此肝浊之病叫血滞于肝啊  
  
602  
00:24:33,410 --> 00:24:34,130  
就这么简单  
  
603  
00:24:35,700 --> 00:24:37,140  
呃，这张甘灼汤呢  
  
604  
00:24:37,260 --> 00:24:38,900  
它的应用啊  
  
605  
00:24:38,900 --> 00:24:42,740  
那么大家呃，注意一下他的临证的眼目呢  
  
606  
00:24:42,740 --> 00:24:43,420  
比较简单  
  
607  
00:24:43,790 --> 00:24:45,150  
在麦上就能看得见  
  
608  
00:24:45,870 --> 00:24:48,320  
呃，肝浊汤的脉啊  
  
609  
00:24:48,360 --> 00:24:51,520  
一般情况下我比较常见的第一个  
  
610  
00:24:51,520 --> 00:24:54,160  
那么我们既然说肝血已经浊了是吧  
  
611  
00:24:54,510 --> 00:24:55,390  
血滞不通了  
  
612  
00:24:55,590 --> 00:24:58,230  
那么很多时候左关独沉啊  
  
613  
00:24:58,230 --> 00:25:00,030  
就是你看左关脉就是一个丞相  
  
614  
00:25:00,590 --> 00:25:00,790  
呃  
  
615  
00:25:00,910 --> 00:25:04,490  
还有一种比较多见的呢，就是左关  
  
616  
00:25:04,690 --> 00:25:06,130  
就是尤其整个脉象啊  
  
617  
00:25:06,130 --> 00:25:06,690  
他都会陷  
  
618  
00:25:06,690 --> 00:25:08,770  
这种象他就不是，不光是左关的事了啊  
  
619  
00:25:09,050 --> 00:25:11,740  
整个脉象弦进，特别显眼  
  
620  
00:25:11,740 --> 00:25:12,300  
特别有劲  
  
621  
00:25:12,620 --> 00:25:13,380  
特别有张力  
  
622  
00:25:13,380 --> 00:25:15,540  
我们是不是说肝郁疏而不得呀  
  
623  
00:25:15,940 --> 00:25:17,380  
但是更多见的是啥  
  
624  
00:25:18,860 --> 00:25:19,340  
是葛  
  
625  
00:25:19,380 --> 00:25:20,740  
像我这写一下啊  
  
626  
00:25:21,780 --> 00:25:22,260  
葛相  
  
627  
00:25:23,740 --> 00:25:24,940  
葛是皮革的葛  
  
628  
00:25:25,900 --> 00:25:28,140  
我们说那个麦啊，呃  
  
629  
00:25:30,030 --> 00:25:31,950  
辰时而弦长，对吧  
  
630  
00:25:32,310 --> 00:25:34,550  
那么这种葛相葛相是啥呀  
  
631  
00:25:35,050 --> 00:25:37,890  
那么我们讲呃，后头会讲一章  
  
632  
00:25:37,930 --> 00:25:39,410  
还会出现宣花汤  
  
633  
00:25:39,490 --> 00:25:40,370  
咱们到后头啊  
  
634  
00:25:40,810 --> 00:25:45,060  
富人那部分，所谓半铲露下啊  
  
635  
00:25:45,140 --> 00:25:47,580  
那么那么这个这个用悬浮花  
  
636  
00:25:48,300 --> 00:25:49,540  
那么他这种梗呢  
  
637  
00:25:49,540 --> 00:25:51,020  
就是气血大伤之象  
  
638  
00:25:51,020 --> 00:25:51,740  
尤其是伤血  
  
639  
00:25:52,060 --> 00:25:53,220  
那么肝主藏血吧  
  
640  
00:25:54,100 --> 00:25:55,140  
伤到一定程度  
  
641  
00:25:55,180 --> 00:25:58,460  
所以用旋花二汤要调节一下肝肺之气  
  
642  
00:25:58,770 --> 00:26:02,330  
因此我在临证上经常这三种三种脉证啊  
  
643  
00:26:02,330 --> 00:26:04,970  
那么给大家再重复一下左关独陈啊  
  
644  
00:26:05,050 --> 00:26:06,210  
那么这是其中一个  
  
645  
00:26:06,540 --> 00:26:09,740  
包括呢脉象之弦进以及弦进大劲儿了  
  
646  
00:26:09,740 --> 00:26:10,980  
最后变成蛤了是吧  
  
647  
00:26:11,420 --> 00:26:11,660  
哎  
  
648  
00:26:11,700 --> 00:26:13,220  
葛了之后它就不是弦进了  
  
649  
00:26:13,220 --> 00:26:16,420  
如按皮鼓，没有生机啊这种这种感觉  
  
650  
00:26:16,900 --> 00:26:19,780  
葛相用用这个玄黄汤效果特别好  
  
651  
00:26:20,020 --> 00:26:22,260  
所以说我们经常讲疏肝理气  
  
652  
00:26:22,260 --> 00:26:23,020  
疏肝理气  
  
653  
00:26:23,420 --> 00:26:26,700  
同学们，你们千万别光会用柴胡树干  
  
654  
00:26:27,540 --> 00:26:29,300  
真正其实疏肝的方法有很多  
  
655  
00:26:29,660 --> 00:26:31,620  
打比方，无竹鱼汤是不是能疏肝啊  
  
656  
00:26:32,460 --> 00:26:32,660  
哎  
  
657  
00:26:32,860 --> 00:26:34,420  
暖肝疏肝降浊呀  
  
658  
00:26:34,990 --> 00:26:36,550  
全部花汤是不是能疏肝啊  
  
659  
00:26:36,940 --> 00:26:38,620  
散肝血之瘀滞啊  
  
660  
00:26:38,900 --> 00:26:39,900  
血滞之不行啊  
  
661  
00:26:40,180 --> 00:26:41,660  
那么所以这这个疏肝  
  
662  
00:26:41,820 --> 00:26:43,900  
咱们一说那里头妙用就多了啊  
  
663  
00:26:44,220 --> 00:26:44,940  
很有意思  
  
664  
00:26:46,450 --> 00:26:47,650  
那么关于悬浮花汤呢  
  
665  
00:26:47,730 --> 00:26:50,090  
我还要多说一句话啊，呃  
  
666  
00:26:50,540 --> 00:26:54,580  
我个人认为以清代的叶香岩先生啊  
  
667  
00:26:54,580 --> 00:26:56,580  
也就是我们说的叶天士叶公啊  
  
668  
00:26:57,100 --> 00:26:59,940  
他的看法是卓有独见  
  
669  
00:27:00,820 --> 00:27:02,260  
呃，叶先生呢  
  
670  
00:27:02,540 --> 00:27:03,380  
说了这么一句话  
  
671  
00:27:04,220 --> 00:27:05,060  
干浊之病  
  
672  
00:27:06,500 --> 00:27:06,980  
奶油  
  
673  
00:27:07,930 --> 00:27:10,410  
呃，经脉即疾络脉  
  
674  
00:27:11,050 --> 00:27:11,970  
久病在络  
  
675  
00:27:12,330 --> 00:27:13,330  
血气皆滞  
  
676  
00:27:13,610 --> 00:27:15,090  
滞，就是窒息的意思啊  
  
677  
00:27:16,110 --> 00:27:17,830  
呃，此计不可用  
  
678  
00:27:18,190 --> 00:27:19,030  
新乡刚造  
  
679  
00:27:20,070 --> 00:27:23,030  
那么用啥，就用这个悬浮二汤啊  
  
680  
00:27:23,030 --> 00:27:24,110  
而且他又补了一句话  
  
681  
00:27:24,590 --> 00:27:25,870  
这个心降方  
  
682  
00:27:26,110 --> 00:27:29,990  
其实就是说的这个甘蔗汤乃络方耳就有经有络嘛  
  
683  
00:27:29,990 --> 00:27:30,350  
对吧  
  
684  
00:27:30,790 --> 00:27:31,710  
我个人认为啊  
  
685  
00:27:32,070 --> 00:27:33,790  
那么叶天士先生呢  
  
686  
00:27:33,870 --> 00:27:36,230  
那开后世至洛之  
  
687  
00:27:37,030 --> 00:27:39,350  
这个这个我们讲叫一宗啊  
  
688  
00:27:39,630 --> 00:27:41,390  
那不就是从这个悬浮花汤来的  
  
689  
00:27:41,750 --> 00:27:43,790  
呃，再给大家多说赘述一句话  
  
690  
00:27:44,150 --> 00:27:47,950  
那么我刚才说过，我经常喜欢用悬浮花汤治肝炎  
  
691  
00:27:47,990 --> 00:27:49,920  
是不是，那么肝炎的时候  
  
692  
00:27:49,920 --> 00:27:52,000  
那它有一个重要的病机，就是血滞不流  
  
693  
00:27:52,040 --> 00:27:57,280  
是不是我们门诊上从肝癌到肝硬化道肝炎  
  
694  
00:27:57,400 --> 00:27:59,560  
这这种患者都非常全啊  
  
695  
00:27:59,880 --> 00:28:01,520  
大三阳小三阳都有啊  
  
696  
00:28:02,510 --> 00:28:05,870  
每周都有呃，那么一般情况下效果还都不错啊  
  
697  
00:28:05,910 --> 00:28:07,910  
效果还都挺好的，呃  
  
698  
00:28:09,930 --> 00:28:12,130  
那么有很多那个硬化的患者呢  
  
699  
00:28:12,330 --> 00:28:13,410  
那肝癌咱就不说了  
  
700  
00:28:13,410 --> 00:28:14,610  
有很多硬化的患者呢  
  
701  
00:28:14,850 --> 00:28:17,900  
那么经过一段时间治疗之后，他也能这个  
  
702  
00:28:17,900 --> 00:28:21,100  
基本上在影像上你看都基本都康复啊  
  
703  
00:28:21,400 --> 00:28:23,840  
那么这个呢，其实也可以参考宣花二汤  
  
704  
00:28:24,080 --> 00:28:27,320  
那么叶天士先生的制法啊，非常有意思  
  
705  
00:28:27,600 --> 00:28:30,000  
他是在悬浮花基础上加了点东西啊  
  
706  
00:28:30,000 --> 00:28:30,560  
加了什么  
  
707  
00:28:30,640 --> 00:28:32,360  
我给你选了五味药啊  
  
708  
00:28:33,280 --> 00:28:36,960  
第一归墟，其实归墟就是当归尾能通经  
  
709  
00:28:37,600 --> 00:28:38,120  
能通血  
  
710  
00:28:38,600 --> 00:28:39,640  
第二呢用桃仁  
  
711  
00:28:40,080 --> 00:28:41,120  
第三用浴巾  
  
712  
00:28:42,570 --> 00:28:45,810  
第四用泽兰，有湿的一定要加泽兰啊  
  
713  
00:28:45,810 --> 00:28:47,330  
这个是我我最常用的  
  
714  
00:28:47,330 --> 00:28:48,250  
大家总能看见  
  
715  
00:28:48,250 --> 00:28:50,850  
是不是有时候你看我加泽兰，你不知道我干啥  
  
716  
00:28:51,230 --> 00:28:52,670  
哎，今天我告诉你了  
  
717  
00:28:52,830 --> 00:28:53,790  
就是干这个的啊  
  
718  
00:28:54,270 --> 00:28:55,910  
再加簸箕人啊  
  
719  
00:28:55,910 --> 00:28:57,070  
为啥加boss人呢  
  
720  
00:28:57,070 --> 00:28:59,150  
因为有的时候我们讲金木交互啊  
  
721  
00:28:59,500 --> 00:29:01,100  
柏子仁是白色的是吧  
  
722  
00:29:01,660 --> 00:29:03,920  
柏树皆锡纸啊  
  
723  
00:29:04,000 --> 00:29:05,000  
柏树皆锡纸  
  
724  
00:29:05,080 --> 00:29:07,520  
那么金木交互的作用呃  
  
725  
00:29:08,290 --> 00:29:09,730  
降肺以生肝啊  
  
726  
00:29:09,730 --> 00:29:10,570  
讲这个事啊  
  
727  
00:29:11,170 --> 00:29:14,610  
这个这个这个龙升虎降啊  
  
728  
00:29:15,670 --> 00:29:16,510  
虎降龙生  
  
729  
00:29:18,040 --> 00:29:18,240  
呃  
  
730  
00:29:18,560 --> 00:29:20,720  
如果有肝纤维化严重  
  
731  
00:29:20,800 --> 00:29:23,490  
再加别加啊，这个嗯嗯  
  
732  
00:29:23,970 --> 00:29:24,810  
再把鳖甲加上  
  
733  
00:29:24,810 --> 00:29:29,210  
那么这就是它基本的一个应用的法度和规则啊  
  
734  
00:29:29,210 --> 00:29:30,570  
在这给大家都说完了啊  
  
735  
00:29:30,570 --> 00:29:31,920  
咱们这个，呃  
  
736  
00:29:32,120 --> 00:29:33,840  
非常有意思的这个悬浮花汤  
  
737  
00:29:34,520 --> 00:29:34,720  
好  
  
738  
00:29:34,720 --> 00:29:35,680  
咱们接着往下看  
  
739  
00:29:36,730 --> 00:29:38,610  
后面内容呢，比较简单啊  
  
740  
00:29:39,850 --> 00:29:41,330  
那么心中风，心中寒  
  
741  
00:29:41,890 --> 00:29:42,650  
呃，心呢  
  
742  
00:29:42,650 --> 00:29:44,890  
首先是主血脉，主神明  
  
743  
00:29:44,970 --> 00:29:45,290  
对吧  
  
744  
00:29:45,730 --> 00:29:47,650  
那么心脏中风，我们说一个问题  
  
745  
00:29:48,200 --> 00:29:49,160  
发热不能起  
  
746  
00:29:49,280 --> 00:29:51,040  
那么证明阳气比较虚  
  
747  
00:29:51,320 --> 00:29:52,640  
但是你要注意一个问题啊  
  
748  
00:29:53,170 --> 00:29:53,370  
呃  
  
749  
00:29:53,450 --> 00:29:55,970  
还说这个事儿民国一家苏世平先生  
  
750  
00:29:55,970 --> 00:29:57,650  
他讲一个事儿独有拙见  
  
751  
00:29:57,980 --> 00:29:59,660  
他说心本身不受邪  
  
752  
00:29:59,740 --> 00:30:03,140  
心包待纸，这个我个人认为深以为然啊  
  
753  
00:30:03,520 --> 00:30:04,680  
那么心包代之呢  
  
754  
00:30:04,680 --> 00:30:05,600  
就导致一个问题  
  
755  
00:30:05,640 --> 00:30:06,080  
热呢  
  
756  
00:30:06,160 --> 00:30:07,560  
它其实是发于心包  
  
757  
00:30:08,040 --> 00:30:09,400  
热进不去，对吧  
  
758  
00:30:09,400 --> 00:30:10,640  
他从心包就反出来  
  
759  
00:30:11,000 --> 00:30:12,160  
而且心又没劲  
  
760  
00:30:12,320 --> 00:30:13,160  
所以这个人呢  
  
761  
00:30:13,240 --> 00:30:14,600  
外头是一个燥热之象  
  
762  
00:30:15,070 --> 00:30:15,910  
一会儿一身汗  
  
763  
00:30:15,910 --> 00:30:16,990  
一会儿一身汗，是吧  
  
764  
00:30:17,030 --> 00:30:18,950  
那个那个用我们原文的话说  
  
765  
00:30:19,390 --> 00:30:21,350  
这个这个这个稀稀发热  
  
766  
00:30:22,860 --> 00:30:23,460  
不能起  
  
767  
00:30:24,410 --> 00:30:27,370  
就你让他干点啥又不行了啊，他因为他没有  
  
768  
00:30:27,370 --> 00:30:28,610  
没有真正的那个阳气  
  
769  
00:30:29,050 --> 00:30:30,410  
心中积，实际呕吐  
  
770  
00:30:30,530 --> 00:30:32,840  
这个鸡呢，是有虚热啊  
  
771  
00:30:32,840 --> 00:30:34,040  
新包的这个积热  
  
772  
00:30:34,740 --> 00:30:39,060  
呃，实际上在厥阴病之中也有出现心包积热的时候  
  
773  
00:30:39,300 --> 00:30:41,860  
你比如说厥阴病的提肛症，大家还记得吧  
  
774  
00:30:42,340 --> 00:30:42,780  
厥阴病  
  
775  
00:30:42,980 --> 00:30:43,860  
厥阴治胃病，郁结  
  
776  
00:30:43,980 --> 00:30:46,500  
不是那个厥阴治胃病消渴  
  
777  
00:30:46,780 --> 00:30:47,580  
气上撞心  
  
778  
00:30:47,580 --> 00:30:49,250  
心中疼热，没错吧  
  
779  
00:30:49,450 --> 00:30:51,250  
那气上撞心，心中腾热是哪来的  
  
780  
00:30:51,250 --> 00:30:52,610  
我认为是心包来的  
  
781  
00:30:53,010 --> 00:30:53,410  
为啥  
  
782  
00:30:53,410 --> 00:30:54,970  
因为厥阴足，厥阴主肝手  
  
783  
00:30:54,970 --> 00:30:55,650  
厥阴主心包  
  
784  
00:30:55,650 --> 00:30:57,230  
木火同气，啊  
  
785  
00:30:57,230 --> 00:30:58,150  
我说的很快啊  
  
786  
00:30:58,150 --> 00:31:01,550  
很多同学反映说张老师你讲的东西太快了  
  
787  
00:31:01,970 --> 00:31:02,930  
呃，信息量大  
  
788  
00:31:03,010 --> 00:31:05,970  
其实你不知道，我是多想多告诉你点东西  
  
789  
00:31:06,250 --> 00:31:06,890  
为啥呢  
  
790  
00:31:07,380 --> 00:31:09,580  
因为有录音，你可以反复听啊哈  
  
791  
00:31:09,700 --> 00:31:11,220  
你要听一遍你就觉得不行  
  
792  
00:31:11,520 --> 00:31:13,120  
老师我，我就想听一遍  
  
793  
00:31:13,120 --> 00:31:13,680  
我就听会  
  
794  
00:31:14,080 --> 00:31:15,360  
那你别听我的啊  
  
795  
00:31:15,640 --> 00:31:19,120  
还有好多课程，这个这个供你选择啊  
  
796  
00:31:19,120 --> 00:31:19,840  
我这个呢  
  
797  
00:31:19,840 --> 00:31:22,640  
就是你要是觉得行，你就反复听  
  
798  
00:31:22,680 --> 00:31:23,680  
甚至你做笔记  
  
799  
00:31:24,160 --> 00:31:26,600  
你放慢，你肯定会得东西啊  
  
800  
00:31:26,680 --> 00:31:27,760  
肯定会得东西  
  
801  
00:31:28,980 --> 00:31:30,300  
因为这玩意儿要讲慢了呀  
  
802  
00:31:30,700 --> 00:31:32,780  
这玩意儿信息量倒不出来，你知道吗  
  
803  
00:31:33,180 --> 00:31:34,620  
好多好多好东西啊  
  
804  
00:31:35,770 --> 00:31:36,530  
那么这块呢  
  
805  
00:31:37,450 --> 00:31:37,650  
嗯  
  
806  
00:31:38,410 --> 00:31:40,010  
心中肌啊，呕吐  
  
807  
00:31:40,610 --> 00:31:44,290  
这就是新的新的那个风阳发动的问题  
  
808  
00:31:44,780 --> 00:31:45,660  
呃，心重寒  
  
809  
00:31:47,340 --> 00:31:48,940  
那么呃重寒  
  
810  
00:31:50,280 --> 00:31:52,720  
那就是寒则闭其阳气呗，对吧  
  
811  
00:31:53,400 --> 00:31:55,840  
呃，其人苦病什么呢  
  
812  
00:31:56,520 --> 00:31:59,910  
心如呃蛋算状蛋  
  
813  
00:31:59,950 --> 00:32:01,750  
就是吃东西的意思，对吧  
  
814  
00:32:02,320 --> 00:32:02,520  
哎  
  
815  
00:32:02,600 --> 00:32:03,760  
当年呃  
  
816  
00:32:04,320 --> 00:32:05,920  
东坡先生，那不讲嘛  
  
817  
00:32:06,400 --> 00:32:10,950  
日旦历诗300喝，不辞长作岭南人啊  
  
818  
00:32:11,150 --> 00:32:14,870  
报道先生春睡美道人贤达五经中对吧  
  
819  
00:32:15,430 --> 00:32:17,150  
讲这么个事，呃  
  
820  
00:32:17,810 --> 00:32:20,330  
那么就心心口像啥呀  
  
821  
00:32:20,770 --> 00:32:22,130  
像吃了大蒜一样  
  
822  
00:32:22,570 --> 00:32:24,250  
辣得慌，之后呢  
  
823  
00:32:25,070 --> 00:32:27,070  
聚则心动，车背被动车薪  
  
824  
00:32:27,070 --> 00:32:28,830  
其实这个你看这不就是胸壁吗  
  
825  
00:32:29,350 --> 00:32:29,550  
哎  
  
826  
00:32:29,590 --> 00:32:30,790  
就是心中受寒  
  
827  
00:32:31,150 --> 00:32:32,630  
那么所以我们说胸壁  
  
828  
00:32:32,670 --> 00:32:33,910  
它既不是心的事  
  
829  
00:32:33,910 --> 00:32:34,870  
儿，也不是肺的事  
  
830  
00:32:34,870 --> 00:32:37,140  
儿，他是阳痿的事  
  
831  
00:32:37,540 --> 00:32:39,260  
心和肺都在阳位，对吧  
  
832  
00:32:39,380 --> 00:32:42,460  
同居于阳位，同居于上吊阴邪干于阳位  
  
833  
00:32:42,460 --> 00:32:44,020  
那么寒是不是阴邪啊  
  
834  
00:32:44,330 --> 00:32:44,890  
干于养胃  
  
835  
00:32:44,890 --> 00:32:46,810  
因此说他俩之间是通的啊  
  
836  
00:32:47,130 --> 00:32:49,560  
是互通的啊  
  
837  
00:32:50,000 --> 00:32:52,280  
譬如古注古注这个我就不解释了  
  
838  
00:32:52,280 --> 00:32:54,360  
那么古人推之于鬼神了  
  
839  
00:32:54,360 --> 00:32:56,520  
这个我们叫敬鬼神而远之啊  
  
840  
00:32:57,560 --> 00:32:57,760  
嗯  
  
841  
00:32:58,280 --> 00:32:59,680  
不说了，呃  
  
842  
00:33:00,280 --> 00:33:02,840  
其脉浮者，自吐乃玉  
  
843  
00:33:03,940 --> 00:33:05,940  
呃，这个叫其在上者  
  
844  
00:33:06,900 --> 00:33:09,180  
这个这个这个这个就永泻之法嘛  
  
845  
00:33:09,900 --> 00:33:10,180  
嗯  
  
846  
00:33:11,120 --> 00:33:12,720  
不说了  
  
847  
00:33:13,200 --> 00:33:16,040  
新商者啊，这块是特别有意思的啊  
  
848  
00:33:16,500 --> 00:33:17,500  
心脏受伤了  
  
849  
00:33:17,940 --> 00:33:21,580  
那你说我在当年做就是做学生的时候啊  
  
850  
00:33:21,900 --> 00:33:23,020  
你说中风中寒  
  
851  
00:33:23,450 --> 00:33:24,410  
包括你说新商  
  
852  
00:33:24,490 --> 00:33:27,210  
说句老实话，我真分不太清啊  
  
853  
00:33:27,250 --> 00:33:29,370  
那我甚至我看他们我觉得差不多  
  
854  
00:33:29,650 --> 00:33:31,370  
后来长大之后发现还是不一样  
  
855  
00:33:31,850 --> 00:33:32,810  
心伤其实是啥  
  
856  
00:33:32,810 --> 00:33:35,010  
就是心肌受损，大家明白了吧  
  
857  
00:33:35,210 --> 00:33:37,920  
心肌受损，因为心主神明嘛  
  
858  
00:33:37,920 --> 00:33:38,200  
对吧  
  
859  
00:33:38,520 --> 00:33:39,040  
那么所以  
  
860  
00:33:39,040 --> 00:33:41,360  
其人劳倦心气受损之后呢  
  
861  
00:33:41,800 --> 00:33:44,640  
面头面赤那个而下重  
  
862  
00:33:45,000 --> 00:33:46,960  
但是他说是有前后因果的  
  
863  
00:33:47,360 --> 00:33:50,920  
一旦劳倦就面沉下重，看见了没有  
  
864  
00:33:52,200 --> 00:33:52,400  
哎  
  
865  
00:33:52,600 --> 00:33:54,560  
其实劳倦忌面赤霞重  
  
866  
00:33:54,560 --> 00:33:56,080  
就是你一旦累着了脸红  
  
867  
00:33:56,530 --> 00:33:57,530  
那么证明啥问题啊  
  
868  
00:33:57,530 --> 00:33:59,090  
心脏其实没有啥能量了  
  
869  
00:33:59,610 --> 00:34:03,620  
那么一动心脏就就就咱们说叫奔马率啊  
  
870  
00:34:03,620 --> 00:34:08,219  
或者怎么样啊，他他整个的心脏它就得加快工作吧  
  
871  
00:34:08,340 --> 00:34:08,940  
对不对啊  
  
872  
00:34:10,190 --> 00:34:11,110  
因为信阳受损  
  
873  
00:34:12,070 --> 00:34:14,750  
额，脸红下重叫啥呀  
  
874  
00:34:15,150 --> 00:34:19,889  
就是这个肛门下泄的时候重坠  
  
875  
00:34:20,010 --> 00:34:20,489  
对不对啊  
  
876  
00:34:21,010 --> 00:34:21,290  
哎  
  
877  
00:34:22,230 --> 00:34:23,310  
那么这种时候呢  
  
878  
00:34:23,830 --> 00:34:27,429  
往往是其实可以在临床上呃  
  
879  
00:34:27,469 --> 00:34:29,510  
看得出来可以可以诊断的  
  
880  
00:34:30,020 --> 00:34:30,219  
呃  
  
881  
00:34:30,699 --> 00:34:31,900  
上周有一个患者  
  
882  
00:34:31,900 --> 00:34:34,260  
当时你们好几个同学应该都看见了  
  
883  
00:34:34,580 --> 00:34:35,540  
有一患者往这一坐  
  
884  
00:34:36,060 --> 00:34:36,940  
诶，我一大麦  
  
885  
00:34:37,469 --> 00:34:38,830  
我说呀，这个患者呀  
  
886  
00:34:39,790 --> 00:34:43,199  
方子开完了，四逆散加泻白  
  
887  
00:34:44,320 --> 00:34:44,520  
唉  
  
888  
00:34:44,560 --> 00:34:45,280  
然后四逆散  
  
889  
00:34:45,480 --> 00:34:48,760  
然后患者他前前提下还没跟我说有啥症状呢，是吧  
  
890  
00:34:49,120 --> 00:34:51,600  
然后我就告诉他，我这方子开完了四逆散加泻白  
  
891  
00:34:52,380 --> 00:34:53,460  
然后学生们就乐了  
  
892  
00:34:53,460 --> 00:34:54,460  
说老师那为啥呀  
  
893  
00:34:54,949 --> 00:34:57,630  
我说你看吧，是不是四逆散证123全对上了  
  
894  
00:34:57,750 --> 00:34:58,910  
说那加谢白，为什么啊  
  
895  
00:34:58,910 --> 00:35:00,950  
我说你们回去翻这个伤寒论吧  
  
896  
00:35:00,950 --> 00:35:05,020  
咋说的，泻利下重者加泻白麦上都有啊  
  
897  
00:35:05,500 --> 00:35:06,940  
因为那个患者湿气重  
  
898  
00:35:07,700 --> 00:35:09,820  
湿气重之后他一定会泄力加重  
  
899  
00:35:10,390 --> 00:35:13,270  
所以这个里头那为啥心阳虚湿气重呢  
  
900  
00:35:13,550 --> 00:35:14,790  
所以我说有的时候啊  
  
901  
00:35:15,150 --> 00:35:16,310  
伤寒金匮，伤寒金匮  
  
902  
00:35:16,310 --> 00:35:19,120  
我们说伤金是一家，商金必须分  
  
903  
00:35:19,240 --> 00:35:20,640  
但商君又不能分  
  
904  
00:35:21,420 --> 00:35:23,900  
是不是必须气脉关窍  
  
905  
00:35:23,900 --> 00:35:25,740  
你得分开，你得搞清楚  
  
906  
00:35:25,740 --> 00:35:27,940  
但有的时候他俩之间能互相串  
  
907  
00:35:28,430 --> 00:35:31,990  
你说伤寒里头没有心阳虚，阴寒在下吗  
  
908  
00:35:32,590 --> 00:35:34,070  
也有吧，奔腾三证  
  
909  
00:35:35,090 --> 00:35:36,370  
肾虚奔腾啊  
  
910  
00:35:36,570 --> 00:35:38,010  
呃，那个心阳虚奔腾是吧  
  
911  
00:35:38,450 --> 00:35:38,730  
哎  
  
912  
00:35:40,060 --> 00:35:40,940  
肾气奔腾啊  
  
913  
00:35:40,980 --> 00:35:41,620  
肾气奔腾  
  
914  
00:35:43,300 --> 00:35:43,580  
呃  
  
915  
00:35:45,090 --> 00:35:45,730  
所以说呢  
  
916  
00:35:46,330 --> 00:35:50,170  
心中痛而烦发热，这是一个火气在在上之下  
  
917  
00:35:50,530 --> 00:35:51,610  
那为啥火气在上  
  
918  
00:35:51,610 --> 00:35:52,850  
因为火气下不来了吧  
  
919  
00:35:53,600 --> 00:35:54,880  
那为啥火气下不来呢  
  
920  
00:35:54,880 --> 00:35:56,440  
因为当齐跳哈  
  
921  
00:35:56,640 --> 00:35:58,320  
因为旗下开始动了  
  
922  
00:35:58,560 --> 00:36:02,570  
我们说这个发案后旗下即咋的了  
  
923  
00:36:03,170 --> 00:36:08,020  
欲作奔豚、茯苓、桂枝甘草大枣汤主之  
  
924  
00:36:08,020 --> 00:36:08,500  
对不对啊  
  
925  
00:36:08,900 --> 00:36:13,270  
那么证明心气内亏，肾水欲将上奔啊  
  
926  
00:36:13,550 --> 00:36:14,950  
那么其脉必然弦  
  
927  
00:36:15,550 --> 00:36:16,870  
为啥其脉弦呢  
  
928  
00:36:18,170 --> 00:36:19,730  
这个原因也比较简单  
  
929  
00:36:20,290 --> 00:36:20,530  
呃  
  
930  
00:36:20,610 --> 00:36:25,100  
那么所谓我们说这个这个弦脉啊  
  
931  
00:36:25,100 --> 00:36:27,660  
我们说辛甘发散为阳酸苦涌  
  
932  
00:36:27,660 --> 00:36:29,180  
信为涌，泄为阴吧  
  
933  
00:36:29,580 --> 00:36:30,780  
那么就是一个阴脉  
  
934  
00:36:31,720 --> 00:36:34,480  
阴寒上秤则见阴脉啊  
  
935  
00:36:34,840 --> 00:36:35,560  
说这个事  
  
936  
00:36:37,310 --> 00:36:38,710  
呃，此为心脏所伤  
  
937  
00:36:39,070 --> 00:36:40,510  
呃心脏伤所致也  
  
938  
00:36:40,510 --> 00:36:41,870  
关于这个怎么治啊  
  
939  
00:36:41,870 --> 00:36:43,350  
我个人认为非常简单  
  
940  
00:36:44,050 --> 00:36:49,010  
伤寒论中这个肾气奔腾三方啊  
  
941  
00:36:49,250 --> 00:36:52,930  
苓桂枣甘啊  
  
942  
00:36:53,610 --> 00:36:55,010  
呃桂枝加桂啊  
  
943  
00:36:55,010 --> 00:36:55,730  
这两个啊  
  
944  
00:36:55,890 --> 00:36:56,890  
温吞汤不行啊  
  
945  
00:36:57,170 --> 00:36:58,970  
就这俩方就行啊  
  
946  
00:37:02,280 --> 00:37:02,480  
额  
  
947  
00:37:03,280 --> 00:37:08,320  
那么后头说心死葬这个比较有特征啊  
  
948  
00:37:09,040 --> 00:37:09,760  
福之时  
  
949  
00:37:11,800 --> 00:37:12,440  
如豌豆  
  
950  
00:37:13,080 --> 00:37:16,400  
暗之易造极者死，就是你轻取的时候啊  
  
951  
00:37:17,040 --> 00:37:19,480  
好像一个黄豆粒似的  
  
952  
00:37:20,760 --> 00:37:21,320  
明白了吧  
  
953  
00:37:22,080 --> 00:37:23,120  
他尤其心脉啊  
  
954  
00:37:23,120 --> 00:37:24,640  
一看就像黄豆粒似的  
  
955  
00:37:25,320 --> 00:37:27,440  
重按咚咚咚特别急  
  
956  
00:37:28,200 --> 00:37:30,900  
这时候是人之将亡啊  
  
957  
00:37:30,980 --> 00:37:31,940  
就说快不行了  
  
958  
00:37:32,380 --> 00:37:33,020  
那么这个呢  
  
959  
00:37:33,020 --> 00:37:34,540  
实际上也是秉承于素问  
  
960  
00:37:34,660 --> 00:37:38,520  
预计真脏论中间有一句话，真心脉质坚而薄  
  
961  
00:37:39,000 --> 00:37:40,160  
如寻亦以子  
  
962  
00:37:40,280 --> 00:37:42,040  
以子就是薏仁儿啊  
  
963  
00:37:42,080 --> 00:37:45,900  
如寻义已子，呃磊磊然啊  
  
964  
00:37:46,780 --> 00:37:47,620  
讲这个问题  
  
965  
00:37:51,060 --> 00:37:51,260  
嗯  
  
966  
00:37:53,020 --> 00:37:55,500  
那么就是建了那个新的真脏脉啊  
  
967  
00:37:56,650 --> 00:38:00,220  
第12条，第12条这么说叫斜哭  
  
968  
00:38:00,980 --> 00:38:01,940  
呃，关于这个呀  
  
969  
00:38:02,540 --> 00:38:04,140  
其实我们讲究古人啊  
  
970  
00:38:04,140 --> 00:38:06,060  
很多东西他，呃  
  
971  
00:38:07,090 --> 00:38:08,530  
他考虑问题比较多  
  
972  
00:38:09,060 --> 00:38:10,980  
甚至是推之于鬼神，对吧  
  
973  
00:38:11,340 --> 00:38:12,900  
那么这个就跟这个有关啊  
  
974  
00:38:13,500 --> 00:38:15,340  
邪哭就是，尤其是一些小孩子  
  
975  
00:38:15,340 --> 00:38:18,530  
不明原因的就是哭个不停啊  
  
976  
00:38:18,530 --> 00:38:21,050  
那么当然民间也有很多土办法，是不是  
  
977  
00:38:21,450 --> 00:38:25,250  
哎，什么这这个等等啊  
  
978  
00:38:25,810 --> 00:38:27,570  
之后邪哭怎么的呢  
  
979  
00:38:27,570 --> 00:38:31,140  
使魂魄不安，为什么血气少也啊  
  
980  
00:38:31,380 --> 00:38:33,140  
告诉你这个原因非常简单  
  
981  
00:38:33,580 --> 00:38:35,980  
就是因为这个人的气血怎么样啊  
  
982  
00:38:36,420 --> 00:38:38,650  
衰弱属于心  
  
983  
00:38:38,810 --> 00:38:40,950  
那么由谁管，由心管  
  
984  
00:38:40,990 --> 00:38:43,670  
所以你能把他心气补进去，这人就能搞定  
  
985  
00:38:44,030 --> 00:38:45,150  
因此我在临床上呢  
  
986  
00:38:45,150 --> 00:38:47,430  
你比如说我，我治一些类似的问题啊  
  
987  
00:38:47,800 --> 00:38:51,280  
也用过，比如说桂枝去芍药加暑期牡蛎龙骨救逆汤啊  
  
988  
00:38:51,680 --> 00:38:54,960  
其实他不也是心阳欲欲亡嘛，对吧  
  
989  
00:38:54,960 --> 00:38:57,160  
亡羊必惊狂嘛，也这个道理  
  
990  
00:38:58,850 --> 00:38:59,050  
呃  
  
991  
00:38:59,250 --> 00:38:59,970  
心气虚呢  
  
992  
00:39:00,050 --> 00:39:01,050  
其人则畏  
  
993  
00:39:01,610 --> 00:39:03,250  
心气虚的时候，这人容易害怕  
  
994  
00:39:03,730 --> 00:39:05,090  
就好像谁要抓他似的  
  
995  
00:39:05,290 --> 00:39:07,090  
这个其实在我们生活中挺常见的啊  
  
996  
00:39:07,370 --> 00:39:08,130  
和睦则眠  
  
997  
00:39:08,690 --> 00:39:09,770  
闭上眼就想睡觉  
  
998  
00:39:10,210 --> 00:39:11,330  
开车不能等红灯  
  
999  
00:39:11,410 --> 00:39:13,570  
哼一等红灯就睡着啊  
  
1000  
00:39:13,970 --> 00:39:16,530  
就这种情况是是人整个信阳不足了  
  
1001  
00:39:17,080 --> 00:39:19,440  
呃梦远行而精神离散  
  
1002  
00:39:19,440 --> 00:39:21,640  
一做梦就感觉走很远很远的路  
  
1003  
00:39:21,960 --> 00:39:23,840  
其实这个神气欲脱之象啊  
  
1004  
00:39:24,410 --> 00:39:24,610  
呃  
  
1005  
00:39:24,690 --> 00:39:26,530  
魂魄忘形，用我们这个来解释  
  
1006  
00:39:27,010 --> 00:39:28,570  
呃，后头唯有一句话呢  
  
1007  
00:39:28,690 --> 00:39:30,730  
比较很多人不明白了  
  
1008  
00:39:32,460 --> 00:39:36,300  
说这个阴气衰者为癫  
  
1009  
00:39:37,060 --> 00:39:39,060  
阳气衰者为啥为狂呢  
  
1010  
00:39:44,380 --> 00:39:47,020  
咱不有那么句话叫重阳者狂，重阴者癫吗  
  
1011  
00:39:47,380 --> 00:39:50,820  
是不是其实这个是从正气的角度去解释的啊  
  
1012  
00:39:51,140 --> 00:39:52,500  
重阳是从邪气的角度  
  
1013  
00:39:52,500 --> 00:39:53,660  
你这一下你就懂了  
  
1014  
00:39:54,060 --> 00:39:55,660  
那么那个重阳不是正气  
  
1015  
00:39:56,720 --> 00:39:57,240  
明白了吧  
  
1016  
00:39:57,240 --> 00:39:58,520  
那个重音也不是邪气  
  
1017  
00:39:58,960 --> 00:40:01,120  
那么有一句话啊，就是呃  
  
1018  
00:40:01,120 --> 00:40:04,680  
素问宣明五气，当时中间说这个五邪所乱  
  
1019  
00:40:05,140 --> 00:40:06,180  
邪入于阳则狂  
  
1020  
00:40:06,700 --> 00:40:08,100  
邪入于阴则闭  
  
1021  
00:40:08,570 --> 00:40:09,090  
没错吧  
  
1022  
00:40:09,450 --> 00:40:09,650  
哎  
  
1023  
00:40:09,650 --> 00:40:10,970  
那么邪入于阳则狂  
  
1024  
00:40:11,090 --> 00:40:12,530  
入于阴呢，就变成了痹症  
  
1025  
00:40:12,770 --> 00:40:14,650  
入于阳就变成狂症啊  
  
1026  
00:40:14,650 --> 00:40:16,770  
那么这个就是说说入阳之后  
  
1027  
00:40:16,770 --> 00:40:18,570  
那正气衰则邪气盛  
  
1028  
00:40:18,810 --> 00:40:20,810  
讲的是这个立角角度不同啊  
  
1029  
00:40:20,810 --> 00:40:21,850  
说的是同一个事  
  
1030  
00:40:23,360 --> 00:40:23,560  
呃  
  
1031  
00:40:24,120 --> 00:40:24,840  
脾中风  
  
1032  
00:40:26,950 --> 00:40:28,550  
吸吸发热，行如醉  
  
1033  
00:40:29,110 --> 00:40:30,310  
那么这个吸气发热  
  
1034  
00:40:30,790 --> 00:40:33,050  
那很多时候风为阳邪嘛  
  
1035  
00:40:33,570 --> 00:40:35,370  
阳阳邪内壁就是有发热  
  
1036  
00:40:35,810 --> 00:40:37,370  
形如醉说的是啥啊  
  
1037  
00:40:37,890 --> 00:40:38,610  
形如醉人  
  
1038  
00:40:39,090 --> 00:40:40,410  
那就好像喝多了似的  
  
1039  
00:40:41,110 --> 00:40:43,030  
呃，你观没观察过一个现象  
  
1040  
00:40:43,030 --> 00:40:44,310  
比如说有很多时候，人啊  
  
1041  
00:40:44,310 --> 00:40:48,930  
吃饱了饭就是会有困的状态  
  
1042  
00:40:49,330 --> 00:40:51,530  
包括喝茶，喝多了人也如醉态  
  
1043  
00:40:51,530 --> 00:40:52,490  
我们称为茶醉  
  
1044  
00:40:52,930 --> 00:40:54,170  
吃饭那个叫食醉  
  
1045  
00:40:54,530 --> 00:40:57,170  
更有甚者，坐个车醉了晕车  
  
1046  
00:40:57,450 --> 00:40:59,030  
咱们讲，那为什么  
  
1047  
00:40:59,030 --> 00:41:02,150  
其实我们都是因为脾主土，土能安呐  
  
1048  
00:41:02,470 --> 00:41:03,870  
我们说在在五行之中  
  
1049  
00:41:03,910 --> 00:41:05,070  
脾主安定，对吧  
  
1050  
00:41:05,070 --> 00:41:06,870  
安定于中中脚中气  
  
1051  
00:41:07,210 --> 00:41:09,650  
那么脾不能安于中，则人如醉  
  
1052  
00:41:09,730 --> 00:41:12,730  
其实这就是脾气不盛的概念  
  
1053  
00:41:12,730 --> 00:41:13,570  
就是脾气虚了  
  
1054  
00:41:14,530 --> 00:41:14,810  
呃  
  
1055  
00:41:16,710 --> 00:41:18,550  
那么腹中繁重啊  
  
1056  
00:41:18,550 --> 00:41:20,470  
那么这个腹满，肯定是啊  
  
1057  
00:41:20,470 --> 00:41:22,270  
那个肚子里头堵得慌  
  
1058  
00:41:23,150 --> 00:41:25,680  
皮木顺顺而短气  
  
1059  
00:41:26,040 --> 00:41:28,720  
那么眼睛眼皮跳，他这个时候就是眼皮跳  
  
1060  
00:41:29,240 --> 00:41:31,920  
因此说同学们眼皮跳  
  
1061  
00:41:32,500 --> 00:41:34,380  
有很多时候有患者来问我，说  
  
1062  
00:41:34,380 --> 00:41:34,660  
大夫  
  
1063  
00:41:35,380 --> 00:41:38,850  
我眼皮跳了一个来月  
  
1064  
00:41:39,820 --> 00:41:41,260  
我有的偶尔啊  
  
1065  
00:41:41,300 --> 00:41:43,940  
看这种小病的患者，我就好逗逗他啊  
  
1066  
00:41:43,940 --> 00:41:45,980  
因为我的门诊我心情也不咋好  
  
1067  
00:41:46,200 --> 00:41:48,320  
有的时候难得看见一个小病的人来  
  
1068  
00:41:48,320 --> 00:41:49,160  
我特别开心  
  
1069  
00:41:49,450 --> 00:41:50,530  
我聊两句天  
  
1070  
00:41:50,850 --> 00:41:53,010  
我说你咋啥病来的，我就不舒服  
  
1071  
00:41:53,010 --> 00:41:53,250  
大夫  
  
1072  
00:41:53,250 --> 00:41:55,370  
反正你看吧，就难受  
  
1073  
00:41:55,860 --> 00:41:58,940  
我说那个，他说眼皮跳了一个来月了  
  
1074  
00:41:59,340 --> 00:41:59,620  
唉  
  
1075  
00:41:59,620 --> 00:42:01,380  
抓住这机会，我可得逗逗他  
  
1076  
00:42:02,210 --> 00:42:03,330  
左眼皮，右眼皮啊  
  
1077  
00:42:04,050 --> 00:42:04,210  
说  
  
1078  
00:42:04,210 --> 00:42:04,490  
大夫  
  
1079  
00:42:04,490 --> 00:42:05,970  
左边，哎呀  
  
1080  
00:42:06,090 --> 00:42:06,930  
那还治啥呀  
  
1081  
00:42:07,170 --> 00:42:07,970  
那不挺好吗  
  
1082  
00:42:08,450 --> 00:42:09,210  
呵呵  
  
1083  
00:42:09,490 --> 00:42:11,330  
我一直想跳，我也不跳啊  
  
1084  
00:42:11,540 --> 00:42:12,180  
是吧  
  
1085  
00:42:12,380 --> 00:42:13,500  
开半玩笑啊  
  
1086  
00:42:13,540 --> 00:42:15,300  
就说这个事儿，呃  
  
1087  
00:42:16,170 --> 00:42:21,370  
那么这个咱们就说眼皮跳  
  
1088  
00:42:21,410 --> 00:42:22,450  
说明风动  
  
1089  
00:42:22,950 --> 00:42:25,550  
那么为啥风动，那么你不要忘了呀  
  
1090  
00:42:26,070 --> 00:42:26,990  
这个眼周啊  
  
1091  
00:42:27,470 --> 00:42:29,350  
那么皮也能煮啊  
  
1092  
00:42:29,710 --> 00:42:30,630  
是不是这个道理啊  
  
1093  
00:42:31,170 --> 00:42:31,370  
哎  
  
1094  
00:42:31,370 --> 00:42:33,290  
那么从从这个角度上来说  
  
1095  
00:42:35,170 --> 00:42:36,770  
那么眼皮跳这个原因  
  
1096  
00:42:37,250 --> 00:42:40,300  
简单的讲就是皮中风啊  
  
1097  
00:42:40,900 --> 00:42:42,180  
但是你跟患者一说啊  
  
1098  
00:42:42,180 --> 00:42:44,660  
你得你得你自己知道他的病机就行了  
  
1099  
00:42:44,700 --> 00:42:46,060  
就是脾被风邪所扰  
  
1100  
00:42:46,660 --> 00:42:49,040  
你别一上来之后，患者问你  
  
1101  
00:42:49,040 --> 00:42:49,400  
大夫  
  
1102  
00:42:49,400 --> 00:42:50,120  
我啥病啊  
  
1103  
00:42:50,120 --> 00:42:51,160  
我最近眼皮跳啊  
  
1104  
00:42:51,160 --> 00:42:51,840  
你这是中风  
  
1105  
00:42:52,520 --> 00:42:53,960  
你一说坏了啊  
  
1106  
00:42:54,000 --> 00:42:54,680  
摊事了  
  
1107  
00:42:55,280 --> 00:42:56,680  
患者都吓出毛病来  
  
1108  
00:42:57,660 --> 00:42:57,860  
呃  
  
1109  
00:42:58,140 --> 00:42:59,180  
脾没有中寒啊  
  
1110  
00:42:59,220 --> 00:42:59,940  
这没有重寒  
  
1111  
00:42:59,980 --> 00:43:00,900  
但是有没有呢  
  
1112  
00:43:00,900 --> 00:43:02,620  
真有脾重寒啊  
  
1113  
00:43:02,620 --> 00:43:05,540  
那么我们也可以理解为阳命中寒是不是  
  
1114  
00:43:05,970 --> 00:43:07,210  
呃，你弱而脾寒  
  
1115  
00:43:07,730 --> 00:43:09,450  
那么所谓自利不可者属太阴  
  
1116  
00:43:09,450 --> 00:43:11,450  
以其脏有寒故也，当温之宜似弥备  
  
1117  
00:43:12,070 --> 00:43:14,030  
你要说食谷欲呕，属阳明  
  
1118  
00:43:14,310 --> 00:43:15,390  
以这个什么呀  
  
1119  
00:43:15,390 --> 00:43:17,150  
吴主义堂主持，没错吧  
  
1120  
00:43:17,620 --> 00:43:20,380  
那么阳明中风则能实，中寒则不能食  
  
1121  
00:43:20,660 --> 00:43:22,660  
实则阳明虚则太阴啊  
  
1122  
00:43:22,860 --> 00:43:23,860  
我说了一连串  
  
1123  
00:43:24,340 --> 00:43:25,420  
很多同学可能有点懵  
  
1124  
00:43:25,420 --> 00:43:27,100  
没事回去听录音啊  
  
1125  
00:43:27,220 --> 00:43:28,860  
你准能接上啊  
  
1126  
00:43:28,860 --> 00:43:32,450  
你发现我给我把这个往哪儿走的那个路标  
  
1127  
00:43:32,450 --> 00:43:33,930  
都都给你了啊  
  
1128  
00:43:34,170 --> 00:43:36,050  
剩下的走的事是你自己走  
  
1129  
00:43:36,050 --> 00:43:37,010  
我不能替你啊  
  
1130  
00:43:37,090 --> 00:43:38,210  
那这是两回事  
  
1131  
00:43:40,810 --> 00:43:43,010  
脾死之脉啊，就是脾死葬  
  
1132  
00:43:43,090 --> 00:43:44,370  
这个是比较有意思的  
  
1133  
00:43:44,610 --> 00:43:45,810  
他说那叫什么呢  
  
1134  
00:43:47,430 --> 00:43:47,630  
呃  
  
1135  
00:43:47,950 --> 00:43:50,390  
伏之大坚，暗之如父杯  
  
1136  
00:43:51,100 --> 00:43:52,060  
节节壮如摇  
  
1137  
00:43:52,180 --> 00:43:54,740  
字面意思就是你脾脉将决的时候  
  
1138  
00:43:54,740 --> 00:43:57,780  
你浮曲就是脉形很大而且很硬  
  
1139  
00:43:58,680 --> 00:44:00,000  
呃暗之呢  
  
1140  
00:44:00,000 --> 00:44:03,190  
如一个杯子扣在那，儿扣在那之后  
  
1141  
00:44:03,990 --> 00:44:05,350  
节节壮如摇  
  
1142  
00:44:05,510 --> 00:44:07,470  
这个很多人认为就是这一步迈啊  
  
1143  
00:44:07,830 --> 00:44:09,110  
你一碰它就直晃  
  
1144  
00:44:09,960 --> 00:44:11,800  
那么我们讲叫脾主安吧  
  
1145  
00:44:13,670 --> 00:44:14,910  
肝心脾肺肾五脏脾  
  
1146  
00:44:14,990 --> 00:44:16,870  
唯独是不能瞎动的是不是  
  
1147  
00:44:17,530 --> 00:44:19,290  
那你这一动很多人认为可能有问题  
  
1148  
00:44:19,570 --> 00:44:20,210  
但是这个呢  
  
1149  
00:44:20,210 --> 00:44:21,650  
你结合预期真脏论啊  
  
1150  
00:44:21,650 --> 00:44:26,680  
真脏论里头说这个真品卖质弱而诈硕  
  
1151  
00:44:26,720 --> 00:44:29,320  
诈书素问平人气象  
  
1152  
00:44:30,430 --> 00:44:32,590  
有这么一句话，旦代无畏者死  
  
1153  
00:44:32,590 --> 00:44:34,630  
那么据我也我个人观察啊  
  
1154  
00:44:34,950 --> 00:44:39,500  
就是那个这两个说的也是比较确切的  
  
1155  
00:44:39,500 --> 00:44:43,140  
包括跟这个撞那个节节壮如瑶啊  
  
1156  
00:44:43,140 --> 00:44:45,270  
说的是是很简很类似  
  
1157  
00:44:45,590 --> 00:44:46,750  
就是说这个人的脉啊  
  
1158  
00:44:46,990 --> 00:44:49,550  
你不能东一下子，西一下子明白吗  
  
1159  
00:44:50,310 --> 00:44:52,710  
东一下子，西一下子到了极致  
  
1160  
00:44:53,030 --> 00:44:56,740  
名曰雀啄十死之脉之矣  
  
1161  
00:44:57,540 --> 00:44:59,590  
呃，这是千真万确的  
  
1162  
00:44:59,590 --> 00:45:03,310  
那么有很多时候我们门诊上也也能见到这种时候，哎  
  
1163  
00:45:03,310 --> 00:45:05,350  
这人的脉，你感觉一会儿快  
  
1164  
00:45:05,350 --> 00:45:05,870  
一会儿慢  
  
1165  
00:45:06,150 --> 00:45:07,550  
一东一下西一下  
  
1166  
00:45:07,710 --> 00:45:09,430  
那么这个时候就就很麻烦  
  
1167  
00:45:09,710 --> 00:45:11,350  
有的时候有些话你就得说  
  
1168  
00:45:11,900 --> 00:45:13,660  
有些事提前做是不是  
  
1169  
00:45:13,940 --> 00:45:14,140  
哎  
  
1170  
00:45:14,180 --> 00:45:14,500  
不能  
  
1171  
00:45:14,980 --> 00:45:16,340  
一旦出现问题之后  
  
1172  
00:45:16,850 --> 00:45:19,170  
那患者不懂很正常  
  
1173  
00:45:19,170 --> 00:45:20,290  
你大夫你还不懂吗  
  
1174  
00:45:20,290 --> 00:45:20,490  
对吧  
  
1175  
00:45:20,490 --> 00:45:22,570  
你得提前告诉我，这没事  
  
1176  
00:45:22,890 --> 00:45:23,930  
你告诉患者吧  
  
1177  
00:45:25,050 --> 00:45:27,610  
患者他没事，他也不埋怨你  
  
1178  
00:45:27,610 --> 00:45:32,620  
我闷诊有些患者你们你们能看见来了得有两年了吧  
  
1179  
00:45:32,980 --> 00:45:37,660  
反正是每周他孩子拿轮椅推着他来一老爷子  
  
1180  
00:45:38,260 --> 00:45:42,540  
呃，肺癌是不是那么早就说不行啊  
  
1181  
00:45:42,540 --> 00:45:44,380  
但在我这调这两年一直挺好  
  
1182  
00:45:44,620 --> 00:45:47,940  
但是他有的时候到某个季节就突然间那麦就不对了  
  
1183  
00:45:48,370 --> 00:45:51,170  
那个时候你看我开方我也不说话了，也不聊天了  
  
1184  
00:45:51,490 --> 00:45:53,970  
开完房之后，我给患者的儿子一递  
  
1185  
00:45:54,050 --> 00:45:56,340  
他儿子特别默契啊  
  
1186  
00:45:56,420 --> 00:45:57,940  
之后再过两周  
  
1187  
00:45:58,220 --> 00:46:01,760  
他一来我俩都很轻松啊  
  
1188  
00:46:02,360 --> 00:46:03,960  
我说你爸爸前两周不好  
  
1189  
00:46:04,280 --> 00:46:05,120  
他说张大夫  
  
1190  
00:46:05,120 --> 00:46:07,640  
我知道，我自己能感觉出来  
  
1191  
00:46:07,640 --> 00:46:11,160  
因为这个儿子对自己老人的那个身体她是最敏感的  
  
1192  
00:46:11,440 --> 00:46:13,520  
那那个时候我不好吓唬患者啊  
  
1193  
00:46:13,860 --> 00:46:15,380  
除非两周我没绷住  
  
1194  
00:46:15,940 --> 00:46:19,020  
两周之后麦没变，那不上个月就有这么一回嘛  
  
1195  
00:46:19,020 --> 00:46:19,740  
是不是两周  
  
1196  
00:46:20,180 --> 00:46:21,860  
然后我就告诉他，我说你得小心  
  
1197  
00:46:21,980 --> 00:46:23,540  
你爸爸可能最近腰不好  
  
1198  
00:46:23,820 --> 00:46:27,900  
然后他那个患者他妹妹啊  
  
1199  
00:46:27,900 --> 00:46:29,220  
也就是那个患者儿子  
  
1200  
00:46:29,220 --> 00:46:33,340  
她阿姨也说说我爸爸走那时候就就就他现在这样  
  
1201  
00:46:33,340 --> 00:46:34,860  
脑袋耷拉着抬不起来  
  
1202  
00:46:35,300 --> 00:46:37,100  
呃，最近又有点这个事  
  
1203  
00:46:37,100 --> 00:46:38,100  
我说所以我告诉你  
  
1204  
00:46:38,700 --> 00:46:38,940  
嗯  
  
1205  
00:46:39,220 --> 00:46:41,100  
有有有这个现象，你注意点  
  
1206  
00:46:41,380 --> 00:46:42,180  
但这个时候呢  
  
1207  
00:46:42,180 --> 00:46:44,300  
不代表人一定会不行，是不是啊  
  
1208  
00:46:44,500 --> 00:46:47,580  
那么这种时候我们把人救过来也有很多先例啊  
  
1209  
00:46:47,890 --> 00:46:49,650  
所以这个呢，还是得努力  
  
1210  
00:46:49,650 --> 00:46:51,610  
但是话该说得说啊  
  
1211  
00:46:51,610 --> 00:46:54,200  
你不能说同样一句话，我告诉你  
  
1212  
00:46:54,800 --> 00:46:55,240  
你要  
  
1213  
00:46:56,570 --> 00:46:59,290  
你要不说，最后人人咋地了  
  
1214  
00:46:59,290 --> 00:46:59,770  
对不对  
  
1215  
00:46:59,770 --> 00:47:01,210  
那你医生失察啊  
  
1216  
00:47:01,730 --> 00:47:05,360  
但你要说在前头人患者最后人心里有数啊  
  
1217  
00:47:05,360 --> 00:47:06,240  
患者心里有数  
  
1218  
00:47:06,240 --> 00:47:07,440  
人家也感激你啊  
  
1219  
00:47:07,760 --> 00:47:10,840  
说感谢大夫提前告诉我们一声是不是  
  
1220  
00:47:11,720 --> 00:47:14,040  
那这就是关于脾的这几个脉证  
  
1221  
00:47:14,540 --> 00:47:15,660  
关于脾有这么一个方  
  
1222  
00:47:15,860 --> 00:47:16,540  
这个方啊  
  
1223  
00:47:16,580 --> 00:47:17,900  
其实我都不想讲了  
  
1224  
00:47:18,180 --> 00:47:19,100  
他叫麻子仁丸  
  
1225  
00:47:19,620 --> 00:47:20,340  
因为这个呢  
  
1226  
00:47:20,340 --> 00:47:22,500  
咱们在伤寒论里的时候都讲过  
  
1227  
00:47:23,250 --> 00:47:24,370  
呃，但是呢  
  
1228  
00:47:24,410 --> 00:47:25,290  
既然书里有  
  
1229  
00:47:25,290 --> 00:47:26,810  
我也捎带着角的说说  
  
1230  
00:47:27,210 --> 00:47:29,290  
阜阳脉浮而色富，阳以侯为气  
  
1231  
00:47:29,330 --> 00:47:29,730  
对吧  
  
1232  
00:47:30,140 --> 00:47:30,340  
哎  
  
1233  
00:47:30,380 --> 00:47:33,500  
足背动脉那么伏呢，则为胃气强  
  
1234  
00:47:33,980 --> 00:47:34,780  
色泽小便硕  
  
1235  
00:47:35,540 --> 00:47:36,540  
其实胃气墙是啥  
  
1236  
00:47:36,540 --> 00:47:37,940  
就是有胃火是吧  
  
1237  
00:47:38,340 --> 00:47:39,620  
有胃火小便说是啥  
  
1238  
00:47:39,620 --> 00:47:42,380  
说是阴虚又有胃火又阴虚，大便就硬了呗  
  
1239  
00:47:42,650 --> 00:47:43,890  
那么这就叫肤色相团  
  
1240  
00:47:43,930 --> 00:47:45,170  
大便则硬起脾违约  
  
1241  
00:47:45,610 --> 00:47:48,410  
当然脾约它不是便秘的意思  
  
1242  
00:47:48,810 --> 00:47:49,770  
脾约是啥呀  
  
1243  
00:47:50,090 --> 00:47:53,690  
因为人所有的胃肠道里的水液都是脾供应的吧  
  
1244  
00:47:54,190 --> 00:47:57,590  
不是你喝下去水那个水就直接拉到肠子里了  
  
1245  
00:47:58,030 --> 00:48:00,810  
你说那个叫拉肚是吧  
  
1246  
00:48:01,330 --> 00:48:04,730  
我们正常人体的津液是喝下去之后到胃里  
  
1247  
00:48:05,050 --> 00:48:07,610  
胃在经过运化水晶四部五经并行  
  
1248  
00:48:07,610 --> 00:48:09,780  
他要给脾的，是这道理吧  
  
1249  
00:48:10,060 --> 00:48:12,180  
饮食入胃，由于经期要上输于脾  
  
1250  
00:48:12,540 --> 00:48:13,540  
脾气才能散精  
  
1251  
00:48:13,580 --> 00:48:16,060  
然后才能给肺，肺才能通调水道  
  
1252  
00:48:16,320 --> 00:48:17,440  
脾约说的是啥  
  
1253  
00:48:17,480 --> 00:48:19,400  
我就用一句最简单的话说  
  
1254  
00:48:19,880 --> 00:48:21,960  
就是感冒的时候发汗发太猛了  
  
1255  
00:48:21,960 --> 00:48:23,560  
把脾里的津液发没了  
  
1256  
00:48:24,120 --> 00:48:26,880  
最后脾没有津液给胃肠了  
  
1257  
00:48:27,240 --> 00:48:29,240  
导致大便干，明白这意思了吧  
  
1258  
00:48:30,020 --> 00:48:32,500  
那么这个那你说为啥他发汗发的太多  
  
1259  
00:48:32,500 --> 00:48:34,100  
你这个没没道理可讲  
  
1260  
00:48:34,380 --> 00:48:38,160  
咱们打一个比方，就像是国家跟国外打仗  
  
1261  
00:48:39,000 --> 00:48:41,760  
那么你就别问我为啥所有钱都给部队了  
  
1262  
00:48:42,480 --> 00:48:43,240  
是不是这个道理  
  
1263  
00:48:43,600 --> 00:48:44,840  
但是部队打完仗之后  
  
1264  
00:48:44,960 --> 00:48:46,680  
你无论是输了还是赢了  
  
1265  
00:48:47,420 --> 00:48:48,860  
你赢了那不也是这个道理  
  
1266  
00:48:48,860 --> 00:48:51,180  
那你也你钱都没了是吧  
  
1267  
00:48:51,180 --> 00:48:55,420  
那这这个时候教育部部长去找国防部说说，那我也想要钱  
  
1268  
00:48:55,920 --> 00:48:56,320  
呃呃  
  
1269  
00:48:56,320 --> 00:48:57,000  
找财政部  
  
1270  
00:48:57,880 --> 00:49:01,120  
财政部老大就说了，说我没钱  
  
1271  
00:49:01,280 --> 00:49:01,800  
呵  
  
1272  
00:49:02,100 --> 00:49:03,740  
钱都给国防部了，对吧  
  
1273  
00:49:03,860 --> 00:49:04,660  
就说这个道理  
  
1274  
00:49:04,660 --> 00:49:06,100  
这就叫皮约，明白了吧  
  
1275  
00:49:06,300 --> 00:49:08,340  
所以这种情况不是大肠之过  
  
1276  
00:49:08,580 --> 00:49:11,660  
你就不能攻下，用什么小承气汤去行气  
  
1277  
00:49:12,430 --> 00:49:14,070  
在里头，要用芍药去咳血  
  
1278  
00:49:14,070 --> 00:49:16,470  
要用杏仁去调度肺的水液  
  
1279  
00:49:16,790 --> 00:49:19,270  
最后要用一个麻子仁儿干什么  
  
1280  
00:49:19,270 --> 00:49:21,640  
润肠，润肠之后就结了啊  
  
1281  
00:49:22,320 --> 00:49:22,520  
呃  
  
1282  
00:49:22,800 --> 00:49:23,960  
唠唠叨叨，说了这么多  
  
1283  
00:49:24,000 --> 00:49:25,640  
咱们这堂课呢，也就完事了  
  
1284  
00:49:25,640 --> 00:49:29,410  
下堂课我们把这个肾浊之病啊  
  
1285  
00:49:29,410 --> 00:49:32,490  
那么大家心心念念的这个肾浊给大家说完  
  
1286  
00:49:32,930 --> 00:49:34,530  
好下课吧，同学们